COACHING SPECIALIZATION (19 hours):

This specialization benefits students who are planning to pursue coaching as a profession at various levels such as: youth sports, middle school and high school athletics, collegiate and professional sports. This will NOT certify a student to be a coach, however it may prepare the student to sit for some certification exams.

Description:
This specialization will give students the knowledge and understanding of the growth and development of athletes. It also exposes students to the legal, psychological, social, biological, physical, theoretical, and technical parameters in coaching. Students will develop comprehension of advanced leadership principles and educational theories and practices. Finally, students will study content with an emphasis on sports ethics and human performance training and development.

Courses:
KIN 119: Conditioning
KIN 310: Physiological Basis of Conditioning or  
    KIN 325K: Physiology of Exercise
KIN 311K: Sport Psychology (Sp)
KIN 312: Care & Prevention of Athletic Injuries
KIN 312: Fundamentals of Coaching or  
    KIN 315: Motor Learning
KIN 361: Coaching Theory & Principles I (Su, F)
KIN 362: Coaching Theory & Principles II (Sp)

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