MEDICAL FITNESS AND REHABILITATION SPECIALIZATION (18 hours):

This specialization benefits students wanting to pursue a career in the medical field, such as cardiac rehabilitation or physical therapy and will provide experience in a variety of clinical settings.

Description:
This specialization is ideal for students interested in a career in a clinical or medical setting. Through fieldwork and internship experiences, students will learn different methods of training and treatment, as well as working with clients from “pre-hab” (preventive exercise programming) to post-rehabilitation. This specialization will prepare students to work in a number of medical settings or to pursue a graduate degree in many fields of allied health, such as physical/occupational therapy, and medical school or other graduate degrees.

Courses:
KIN 322: Diagnosis & Evaluation of Fitness
KIN 332: Techniques of Fitness Leadership [Wr and EL Flags]
** Required Fieldwork **
KIN 327T 2– Personal Training
KIN 327T 1– Clinical Exercise Testing
KIN 627F 2– Internship in Medical Fitness

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