## University Core Curriculum (42 hours)

* Courses listed below satisfy University Core Curriculum and are required for a degree in Exercise Science *

### First - Year Signature Course
- UGS 302 or UGS 303 (writing flag options are recommended)

### English
- RHE 306 – Rhetoric & Composition

### Humanities
- E 316K – Masterworks of Literature

### Writing Flag (Wr)
- KIN 336 – Writing Flag (3 hours)

**May not be used towards another University Core requirement**

### American & Texas Government
- GOV 310L
- GOV 312L, GOV 312P or GOV 312R

### American History
- US History (6 hours; * no more than 3 hours of TX History *)

### Social Science
- PSY 301

### Visual & Performing Arts
- 3 hours. * See back for list of approved courses *

### Mathematics
- Calculus (M 408C or M 408K recommended)

### Natural Sciences
- CH 301 and CH 302
- BIO 311C – Introductory Biology

## Language other than English (Hours vary) Select one option

### Option 1: Second semester proficiency in any language other than English, up to two courses.

### Option 2: Students may choose to substitute three courses from an approved list, available in SZB 216 and BEL 1005.

## Other Required Curriculum (14 - 17 hours)

### Writing Flag (Wr)
- Writing Flag

### Social Science
- ANT, ECO, GRG, LIN, or SOC (3 hours)

### Physics
- PHY 302K + 102M and PHY 302L + 102N

## General Culture
- ARC, ARH, ART, ENS, VAS, CC, CMS 306M, FA, HMN, MUS, PHL (Excluding Logic), RS, or TD

---

## Kinesiology and Health Care Core Curriculum (18 hours)

* “C-“ or better is required in each of these courses *

- KIN 310 – Physiological Basis of Conditioning
- KIN 312M – Management of Physical Activity & Sport Programs
- KIN 315 – Motor Learning
- HED 329K – Child, Adolescent & Adult Health
- KIN 347 – Historical & Ethical Issues in Physical Culture & Sport

Three KIN 119 or PED 1 hour courses

## Exercise Science Cognate (18 hours)

- KIN 321M – Motor Development & Performance (F, Su)
- KIN 322 – Diagnosis & Evaluation of Fitness or KIN 336 – Neuromuscular Control (Wr)
- KIN 324K – Applied Human Anatomy
- KIN 325K – Physiology of Exercise
- KIN 326K – Biomechanical Analysis of Movement (F, Su)
- KIN or HED elective (3 hours)

## Specialization (hours vary) or Minor (15 hours w/ 6 upper-division)

* Specialization choices are available in SZB 216 and BEL 1005 *

## Electives (Hours vary)

* Enough coursework to achieve a total of 120 hours; including at least 36 upper-division hours *

---

**Expected graduation date ____________________________**

---

**Holiday**
Graduation and Residency Requirements

To receive a degree from the College of Education, a student must have been registered in the college for at least two long-session semesters or the equivalent. A candidate for a degree must be registered in the college either in residence or in absentia the semester or summer session the degree is to be awarded, and must apply for the degree no later than the specified deadline. The student must have an official degree audit on file prior to applying for the degree (upon completing fifty semester hours of coursework). Sixty hours counted toward the degree must be completed in residence, as well as twenty-four of the last thirty hours counted toward the degree. Coursework taken out-of-residence, including coursework through continuing and distance education or from another institution, will not be allowed in a student's final semester at The University. Students who are graduating in the summer may appeal to take courses at another institution in the first summer term only.

Acceptable courses for:

### Visual & Performing Arts

- AMS 330
- ARC 308, 318K, 318L
- ART 320K, 320L
- CTI 350, 351
- FA 310, 320
- PHL 317K, 346
- RTF 305, 314, 316
- TD 301, 302T, 303, 303C, 317C, 317D
- VAS 320

* Auditions required for these courses

For further information, please visit [http://www.edb.utexas.edu/education/departments/undergrad/](http://www.edb.utexas.edu/education/departments/undergrad/) or contact one of the following advising offices:

Department of Kinesiology and Health Advising, Bellmont Hall, Room 1005, (512) 475-6146
The College of Education, Student Division, Sanchez Building Room 216, (512) 471-3223