### English/Rhetoric/Writing (9 semester hours)
- **RHE 306** — Rhetoric and Composition
- **E 316K** — Masterworks of Literature
- **KIN 373** — Upper-division Substantial Writing Component Course

### Language Other Than English (semester hours vary) or Language Substitution (9 semester hours)
Although the number of hours may vary, based on where the coursework was taken and the language selected, proficiency is required at the second-semester level.
- Language 306, 406, or 506 (waived if SPN 508K taken at UT)
- Language 307, 407, 507 or 508K

Students with two years of high school language credit documented on their U.T. student record may substitute three courses from an approved list, available in S2B 216 or BEL 1005.

### Social Sciences (18 semester hours)
- **GOV 310L** — American Government
- **GOV 312L** — Issues and Policies in American Government
- **ANT, ECO, GRG, LIN, or SOC** — 3 semester hours

### Mathematics/Natural Sciences (18 semester hours)
- **Math** — 3 semester hours (excluding **M 301** — College Algebra)
- **BIO 301L** — Molecules to Organisms; OR **BIO 211** — Introductory Biology: Cell Biology and **BIO 212** — Introductory Biology: Genetics and Evolution; OR **BIO 311C** — Introductory Biology Chemistry — 6 semester hours
- **Math, science (astronomy, biology, chemistry, geology, physical science, physics, experimental psychology, physical anthropology, physical geography, history of science, or philosophy of science), computer applications or computer science** — 6 semester hours

### General Culture (3 semester hours)
- Architecture (ARC), Art History (ARH), Art (ART), Visual Art Studies (VAS), Classic Civilization (CC), Fine Arts (FA), Freshman Seminar (FS), Humanities (HMN), Music (MUS), Philosophy excluding Logic (PHL), or Theatre and Dance (TD)

### Communication Skills (3 semester hours)
- **CMS 306M** — Professional Communication Skills

### Kinesiology (30 semester hours) **(F) Fall only**
- **KIN 324K** — Applied Human Anatomy
- **KIN 325K** — Physiology of Exercise OR **KIN 310** — Physiological Basis of Conditioning
- **KIN 352K** — Management of Sport and Health Promotion Programs
- **KIN 352K** — Diagnosis and Evaluation of Fitness
- **KIN 370K** — Introduction to Health Promotion (F)
- **KIN 373** — Evaluation and Research Design
- **KIN 377** — Epidemiology in Health Promotion

Nine additional semester hours of approved KIN coursework (excluding KIN 127L, 227L, and 627L). Please refer to the advising aids on the back.

### Professional Development Coursework in Kinesiology (15 semester hours) **Important - see prerequisites listed on the back.**
- **KIN 327L** — Fieldwork: Personal Training OR **KIN 327L** — Fieldwork: Clinical Exercise Testing OR **KIN 327L** — Fieldwork in Health Promotion
- **KIN 352K** — Techniques of Health Promotion (SP)
- **KIN 627L** — Internship

### Minor (15 semester hours, with 6 upper-division)
- **NTR 311** — Introductory Nutrition (required)

Your choice of minor must be approved by an advisor. No more than three semester hours may count for both the minor and for basic education requirements.

### Electives (enough coursework to achieve a total of 130 semester hours, including at least 42 upper-division semester hours)
A maximum of three semester hours in physical education activity coursework, such as conditioning, basketball, and volleyball, can be counted as free electives in the College of Education. KIN 119 courses are not considered to be physical education activity coursework. A maximum of five elective courses may be taken on a pass/fail basis. KIN 119 core courses may be used for up to three of the nine hours of electives. No more than 12 semester hours of fieldwork will count toward the degree (KIN 627L and two KIN 327L’s).
FURTHER INFORMATION ABOUT THE HEALTH PROMOTION AND FITNESS MAJOR

1. Approved coursework for the nine semester hours of KIN coursework on the front of this sheet —

   The following courses are recommended for students wishing to concentrate in "Health Promotion":
   - KIN 333 Child and Adolescent Health
   - KIN 352K Psychosocial Issues in Adult Development
   - KIN 352K Psychosocial Issues in Women's Health
   - KIN 366 Human Sexuality
   - KIN 367 Theories of Substance Abuse Prevention
   - KIN 370K Adolescent Health Risk Behavior

   The following courses are recommended for students wishing to concentrate in "Fitness":
   - KIN 119 (3) Three hours of core courses in various activities (not KIN 127L – Fieldwork)
   - KIN 310 Physiological Basis of Conditioning (if not taken as a major requirement)
   - KIN 325K Physiology of Exercise (if not taken as a major requirement above)
   - KIN 326K Biomechanical Analysis of Movement
   - KIN 352K Sport Nutrition
   - KIN 352K Psychological Aspects of Exercise
   - KIN 352K Children's Exercise & Activity
   - KIN 352K Physical Aging in America
   - KIN 327L Fieldwork: Personal Training (Prerequisite: Techniques of Fitness Leadership)**
   - KIN 327L Fieldwork: Clinical Exercise Testing (Prerequisite: Diagnosis and Evaluation of Fitness)**

   **If not taken as a required Professional Development course

2. Prerequisites for required Professional Development Coursework —

   - KIN 352K Techniques of Fitness Leadership (Prerequisite: KIN 310 or KIN 325K)
   - KIN 327L Fieldwork: Personal Training (Prerequisite: KIN 352K – Techniques of Fitness Leadership)
   - KIN 327L Fieldwork: Clinical Exercise Testing (Prerequisite – KIN 352K – Diagnosis and Evaluation of Fitness)
   - KIN 327L Fieldwork: Health Promotion (Prerequisites – KIN 352K – Techniques of Health Promotion and KIN 370K – Introduction to Health Promotion)
   - KIN 627L Internship (Prerequisite: KIN 327L and an overall 2.5 UT-Austin grade point average)

3. Graduation and Residency Requirements — To receive a degree from the College of Education, a student must have been registered in the college for at least two long-session semesters or the equivalent. A candidate for a degree must be registered in the college either in residence or in absentia the semester or summer session the degree is to be awarded, and must apply for the degree no later than the specified deadline. The student must have an official degree audit on file prior to applying for the degree (upon completing fifty semester hours of coursework). Sixty hours counted toward the degree must be completed in residence, as well as twenty-four of the last thirty hours counted toward the degree. Coursework taken out-of-residence, including coursework through continuing and distance education or from another institution, will not be allowed in a student’s final semester at The University. Students who are graduating in the summer may appeal to take courses at another institution in the first summer term only.

For further information, please contact:

Department of Kinesiology, Bellmont Hall, Room 1005, (512) 475-6146 http://www.edb.utexas.edu/khe/

or The College of Education, Student Division, Sanchez Building Room 216, The University of Texas, Austin, TX 78712

(512) 471-3223 http://www.edb.utexas.edu/education/

For information about careers and graduate study in the health professions, please visit an advisor in the Health Professions Office, Painter Hall 5.03, (512) 471-3172.