

2006-2008 Bachelor of Science in Kinesiology

Health Promotion & Fitness

130 semester hours (42 upper-division)

Major Code: 332342

First Visit

Last Name First Name Middle Name UT EID Date Advisor

English/Rhetoric/Writing (hours vary)

- RHE 306 - Rhetoric and Composition
E 316K - Masterworks of Literature
Substantial Writing Component
Upper-division Substantial Writing Component Course

Language Other Than English (hours vary)

Although the number of hours may vary, based on where the coursework was taken and the language selected, proficiency is required at the second-semester level:

- Language 306, 406, or 506 (waived if 508K taken at UT)
Language 307, 407, 507 or 508K

\*\*Students with two years of high school language credit may substitute three courses from approved list, available in SZB 216 and BEL 1005\*\*

Social Sciences (18 hours)

- U.S. History - 6 hours
GOV 310L - American Government
GOV 312L - Issues and Policies in American Government
PSY 301 - Introduction to Psychology
ANT, ECO, GRG, LIN, or SOC - 3 hours

Mathematics/Natural Sciences (18 hours)

- Math - 3 hours (excluding M 301 - College Algebra)
BIO 301L - Molecules to Organisms or
BIO 311C - Introductory Biology
Chemistry - 6 hours
Math, Science (astronomy, biology, chemistry, geology, physical science, physics, experimental psychology, physical anthropology, physical geography, history of science, or philosophy of science)

Computer Applications or Computer Science

General Culture (3 hours)

- Architecture (ARC), Art History (ARH), Art (ART), Visual Art Studies (VAS), Classic Civilization (CC), Fine Arts (FA), Freshman Seminar (FS), Humanities (HMN), Music (MUS), Philosophy excluding Logic (PHL), or Theatre and Dance (TD)

Communication Skills (3 hours)

- CMS 306M - Professional Communication Skills

Kinesiology (30 hours)

- HED 343 - Epidemiology
HED 370K - Foundations of Health Promotion I (F)
HED 373 - Evaluation & Research Design
KIN 322 - Diagnosis & Evaluation of Fitness
KIN 324K - Applied Human Anatomy
KIN 325K - Physiology of Exercise or
KIN 310 - Physiological Basis of Conditioning
KIN 357 - Management of Sport & Health Promotion Programs

Nine additional semester hours of approved KIN or HED coursework. No more than 6 hours may be selected from KIN 127L, 227L and 327L.

Professional Development Coursework (15 hours)

- HED 371K/ KIN 352K - Foundations of Health Promotion II (Sp)
KIN 332 - Techniques of Fitness Leadership
KIN 327L - Fieldwork: Personal Training or
KIN 327L - Fieldwork: Clinical Exercise Testing
HED 627L - Internship (2.5 Overall GPA required)

Minor (15 hours, with 6 upper-division)

- NTR 306 - Introductory Nutrition (required)

An Advisor must approve your choice of minor. No more than 3 hours may count for both the minor and for basic education requirements.

Electives

Enough coursework to achieve a total of 130 hours, including at least 42 upper-division hours

A maximum of three hours in physical education activity (PED) coursework can be counted as free electives in the College of Education. KIN 119 courses are not considered to be physical education activity (PED) coursework. A maximum of five elective courses may be taken on a pass/fail basis. No more than 12 hours of fieldwork will count toward the degree.

hours needed to complete program as of

Expected graduation date


## **Graduation and Residency Requirements**

To receive a degree from the College of Education, a student must have been registered in the college for at least two long-session semesters or the equivalent. A candidate for a degree must be registered in the college either in residence or in absentia the semester or summer session the degree is to be awarded, and must apply for the degree no later than the specified deadline. The student must have an official degree audit on file prior to applying for the degree (upon completing fifty semester hours of coursework). Sixty hours counted toward the degree must be completed in residence, as well as twenty-four of the last thirty hours counted toward the degree. Coursework taken out-of-residence, including coursework through continuing and distance education or from another institution, will not be allowed in a student's final semester at The University. Students who are graduating in the summer may appeal to take courses at another institution in the first summer term only.

For further information, please contact one of the following offices:

Department of Kinesiology Advising, Bellmont Hall, Room 1005, (512) 475-6146 [www.utexas.edu/education/kinesiology](http://www.utexas.edu/education/kinesiology)

The College of Education, Student Division, Sanchez Building Room 216, (512) 471-3223 [www.utexas.edu/education](http://www.utexas.edu/education)

For information about careers and graduate study in the health professions, please visit an advisor in the Health Professions Office,

Painter Hall 5.03, (512) 471-3172 <http://cns.utexas.edu/hpo/>