

The University of Texas at Austin



Fall 2008 Schedule

www.summersportsschool.utexas.org
(512) 475-9022

TENNIS: Ages 7 – 17 years

Steve Ebner is the Interscholastic Varsity Tennis Coach at McNeil High School and has taught and directed the Tennis Program for the UT Summer Sports School since 1987.

Location: UT Whitaker Tennis Courts (WTC) 51st St. & Guadalupe -Meet in clubhouse on first day, class will be held on court 30-35.

Each section is limited to 16 participants. Each child will receive an evaluation and certificate at the end of the session.

Students must provide their own rackets.

*****Classes meet Mondays & Wednesdays from 6 – 7 p.m.**

Register Online!

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Goal: To enjoy the game of tennis while learning and improving upon individual tennis skills and objectives. This is accomplished in a non-competitive atmosphere.
This class is not appropriate for competition level players.

<u>Section</u>	<u>Days</u>	<u>Dates</u>	<u>Cost</u>
TEN 600.1	Mon & Wed	9/10-10/06	\$60.00
TEN 600.2	Mon & Wed	10/15-11/10	\$60.00



AQUATICS: All ages welcome! (6 months – adult)

Classes are taught by trained aquatics specialists and are directed by Don Crowley, a U.T. faculty member in aquatics.

Location: Texas School for the Deaf Swim Center (TSD) 1102 S. Congress (Enter from Elizabeth St.)

*Participants will receive an evaluation, an American Red Cross swimming card, and certificate upon completion of each class.

*If a class does not meet minimum number of participants, it may be cancelled or combined with another similar class.



Infant, Toddler, Preschool (ITP) – Aqua Bevos

- Ages 6 months – 4 yrs +
- Limit of 18

Requirement: One parent/guardian must participate per child.

Goal: To develop respect for the aquatic environment, become familiar with and be comfortable in the water, achieve readiness to swim.

(Course does not guarantee that every child will become an accomplished swimmer or be able to survive in an emergency.)

<u>Section</u>	<u>Day</u>	<u>Time</u>	<u>Dates</u>	<u>Cost</u>
ITP 630.T	Tues	6:30 – 7 p.m.	9/16 – 11/18	\$99.00

Age Group Beginning (AGB) – Red, Yellow & Green Jellyfish

- Ages 4 - 7 yrs +
- Limit 10 participants (6:30 – 7 p.m.)
- Limit 15 participants (7 – 7:30 p.m.)

Requirement: Beginners. Need only to be able to follow basic instructions.

Goals: Basic skills such as supported and unsupported floating, beginning arm & leg movements, rhythmic breathing, underwater exploration, basic front & back stroke development, & basic water safety skills.

Red Jellyfish: Beginner (Hesitant, needs a lot of assistance, able to hang on to the wall, might scream & will not get in independently.)

Yellow Jellyfish: Intermediate (Happy, needs assistance & sinks when trying to swim.)

Green Jellyfish: Advanced (Can float & move on front & back for some distance.)

<u>Section</u>	<u>Day</u>	<u>Time</u>	<u>Dates</u>	<u>Cost</u>
AGB 630.T	Tues	6:30 – 7 p.m.	9/16 – 11/18	\$99.00
AGB 700.T	Tues	7 – 7:30 p.m.	9/16 – 11/18	\$99.00



Register On-Line!

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Age Group Technique (AGT) – Seahorses

- 5 yrs +
- Limit 10 participants per class

Requirement: Must be able to swim 25 continuous yards in deep water. Should have a recognizable front & backstroke.

Goal: To reinforce basic water safety, refine survival skills, develop competitive strokes, turns, starts and dives.

<u>Section</u>	<u>Day</u>	<u>Time</u>	<u>Dates</u>	<u>Cost</u>
AGT 630.T	Tues	6:30 – 7:30 p.m.	9/16 – 11/18	\$129.00
AGT 730.T	Tues	7:30 – 8:30 p.m.	9/16 – 11/18	\$129.00

Age Group Advanced Technique (AGA) – Cool Crabs

- 5 yrs +
- Limit 10 participants per class

Requirement: Must be able to swim 75 continuous yards in deep water. Should be able to perform skills for Age Group Technique swimming and have a recognizable front crawl with proper rhythmic breathing; any backstroke and any third stroke.

Goal: To gain endurance & refine strokes, turns, starts and dives, and water safety skills. Not designed for beginners

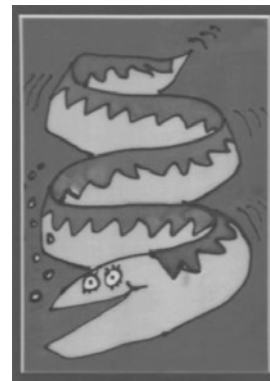
<u>Section</u>	<u>Day</u>	<u>Time</u>	<u>Dates</u>	<u>Cost</u>
AGB 630.T	Tues	6:30 – 7:30 p.m.	9/16 – 11/18	\$129.00
AGB 730.T	Tues	7:30 – 8:30 p.m.	9/16 – 11/18	\$129.00

Beginning Springboard Diving (BSD)– Sea Snakes

- 7 yrs +
- Limit 10 participants per class

Requirement: Must be able to swim 25 continuous yards in deep water.

Goal: To introduce springboard diving; beginner skills & safety, learn standing and forward dives, forward approach and hurdle, tuck, pike, layout positions, and develop a stretching routine.



<u>Section</u>	<u>Day</u>	<u>Time</u>	<u>Dates</u>	<u>Cost</u>
BSD 630.T	Tues	6:30 – 7:30 p.m.	9/16 – 11/18	\$99.00

Adult Classes

Adult Beginning Swimming (ABS) – Island Resorters

- 15 yrs +
- Limit 15 participants per class

Requirement: Designed for Weak or Non-Swimmers

Goal: An introduction to the swimming environment, supported and unsupported floating, beginning arm and leg movements, rhythmic breathing, underwater exploration, front & backstroke, and basic water safety.

<u>Section</u>	<u>Day</u>	<u>Time</u>	<u>Dates</u>	<u>Cost</u>
ABS 730.T	Tues	7:30 – 8:30 p.m.	9/16 – 11/18	\$129.00

Adult Technique Swimming (ATS) – Island Hoppers

- 15 yrs +
- Limit 15 participants per class

Requirement: Must be able to swim 25 continuous yards in deep water, should have a recognizable front and backstroke and be comfortable on front, back and underwater.

Goal: Conditioning; to refine competitive and survival strokes, turns, starts, dives; and basic water safety. A triathlon component may be added to prepare those who are interested. Not designed for beginners.

<u>Section</u>	<u>Day</u>	<u>Time</u>	<u>Dates</u>	<u>Cost</u>
ATS 730.T	Tues	7:30 – 8:30 p.m.	9/16 – 11/18	\$129.00

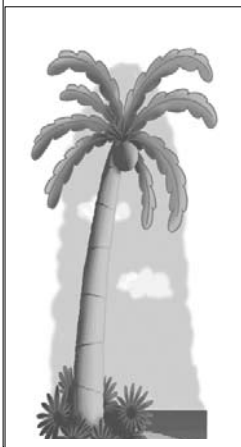
Adult Conditioning Swimming (ACS) – Island Castaways

- 15 yrs +
- Limit 5 participants per class (6:30 – 7:30 p.m.)
- Limit 10 participants per class (7:30 – 8:30 p.m.)

Requirement: Must be able to swim 75 continuous yards in deep water. Should be able to perform skills listed for Adult Technique Swimming.

Goal: Conditioning & assistance in setting up a self-paced individual Workout. *Please note: There will be no stroke critique or individual instruction.*

<u>Section</u>	<u>Day</u>	<u>Time</u>	<u>Dates</u>	<u>Cost</u>
ACS 630.T	Tues	6:30 – 7:30 p.m.	9/16 – 11/18	\$90.00
ACS 730.T	Tues	7:30 – 8:30 p.m.	9/16 – 11/18	\$90.00



About our program...

The University of Texas at Austin Summer Sports School originated in 1930. The curriculum and instruction offers a unique experience to both children and adults in the Austin area. Faculty from the University of Texas at Austin Division of Physical Education supervises the program. All classes are taught by UT undergraduate and graduate students, faculty, and specialists from the Austin community.

Payment:

We accept **credit cards online** or mailed checks. Please make your checks payable to **UT Austin**. Sorry, **NO CASH**.

Register On-line! www.summersportsschool.utexas.org

Fax: (512) 471-8914

Mail: The University of Texas at Austin
Department of Kinesiology and Health Education
Summer Sports School Office - BEL 222
1 University Station D3700
Austin, TX 78712-0360

In person:

Bring your registration form and payment to the Summer Sports School office located the University of Texas at Austin, Belmont Hall, Room 222 from 8:00 a.m. – 4:30 p.m.

Registration Deadlines:

Aquatics – September 9, 2008 by 5:00 pm

Tennis Session 1 – September 3, 2008 by 5:00 pm

Tennis Session 2 – October 8, 2008 by 5:00 pm

There will be a late fee of \$10.00 added to *each* registration postmarked after those dates.

Consent and Medical Release Forms:

Forms will be **emailed** to you once your registration is complete.

Completed forms must be **emailed, faxed** or **snail-mailed** to the Summer Sports School office, before the first day of class. Please **DO NOT** bring them to class on the first day.

Refunds:

If you withdraw **PRIOR** to the first day of class, you will receive a refund less a 20% processing and handling fee. There will be **no refunds** if you withdraw **AFTER the first day of class**. Please allow 6-8 weeks for refund checks.

Questions?

For questions regarding registration contact Serena de Leon at (512) 475-9022 or serenadeleon@mail.utexas.edu

For more information regarding Tennis contact Tere Ramirez at (512) 471-1539 or t.ramirez@mail.utexas.edu

For more information regarding Aquatics Classes contact Don Crowley at (512) 232-3949 or crowley@mail.utexas.edu

The University of Texas at Austin
UT Summer Sports School
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