

MASTER OF EDUCATION IN HEALTH EDUCATION

HEALTH PROMOTION

(NO THESIS/NO REPORT OPTION)

Requirements in Health Education Concentration Area (15 hours)

HED 395 Theories of Health Behavior*

HED 395 Health Promotion/Disease Prevention: An Epidemiological Approach*

HED 395 Intervention Mapping: Health Promotion Program Development*

HED 386 Research Methods: Applied Research Techniques*

KIN 395 Advisor-Approved HED 395 Course

*These courses should be taken during the first year in the program.

Electives in Health Education/Kinesiology (9 hours)

With the approval of the supervising professor, choose three electives such as those courses (HED or KIN) indicated below. The student should attempt to select a sequence that meets his/her interests and career direction. A statistics course is recommended, either within the department or in the supporting work outside the department. The following courses are indicated as examples.

HED 395 Worksite Health Promotion

HED 395 Child and Adolescent Health Psychology

HED 395 Mind/Body Health

HED 395 Adult Development, Aging and Health

HED 395 Risk and Resilience in Children and Adolescents

HED 395 Special Topics in Public Health

KIN 395 Exercise and Mental Health

KIN 395 Physical Dimensions of Aging

Supporting Work Outside the Department (6 hours)

With the approval of the supervising professor, select two courses outside the department. Ideally, the two courses should represent a sequence in one department or a sequence in a specific content area (e.g., demography, organization change, survey research and evaluation, child and adolescent development, nutrition and adult learning). Sequences can be developed depending upon the student's interests.

Graduate Internship: HED 697P

The internship should be taken in the final semester after the completion of all course work. This experience gives students the opportunity to apply

cumulative knowledge and skills in a supervised practicum in community, school, worksite or health care setting. The student's academic advisor will supervise the internship. A written summary documenting the experience will be submitted to the supervising professor. In addition to the supervising professor, there is one other reader of the summary report. The written summary and oral report at the health internship presentation day constitutes the culminating experience for the Master of Education in Health Promotion without thesis.