

Student: Please present this form to your physician during your health examination, ask them to read and sign the form. You must submit it with your application packet.

## **The University of Texas at Austin Athletic Training Education Program**

Healthcare Provider:

\_\_\_\_\_ (student's name) is applying for admission to The University of Texas at Austin's Athletic Training Education Program. One of the requirements for admission is the completion of a health assessment / physical examination. This examination aids our staff in determining if the student's physical and mental health will permit him / her to meet the established written technical standards of the program. The technical standards guidelines are included below and on the reverse side of this sheet. Please keep these standards in mind when performing your assessment. If you have any concerns, based on your interaction with or assessment of this student, which would cause you to question whether or not this student meets the technical standards, please make a note on the physical examination form under the "recommendations" section. If you do not believe the student meets the criteria, please mark "no" when asked on the physical examination form. If you believe this student has the mental and physical ability to meet the technical standards, please indicate so by marking "yes" when asked on the physical examination form, and by writing "cleared" in the space provided under the "recommendations" section on the physical examination form. Please sign your name in the space provided on the reverse of this sheet to confirm that you have reviewed this form.

### **TECHNICAL STANDARDS FOR ADMISSION**

The Athletic Training Education Program at The University of Texas at Austin is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Educational Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). The following abilities and expectations must be met by all students admitted to the Athletic Training Education Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Candidates for selection to the Athletic Training Education Program must demonstrate:

1. The mental and intellectual capacity to obtain complex information and concepts from a variety of sources, to analyze and integrate that information and problem solve in order to distinguish deviations from the norm and to formulate assessment and therapeutic judgments.
2. Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations, therapeutic treatments, and therapeutic exercise and rehabilitation protocols using accepted techniques. This includes, but is not limited to, the ability to (a) accurately, safely and efficiently use equipment and materials

during the assessment, treatment, and rehabilitation of patients; (b) gather decision-making pieces of information during an injury assessment activity in class or in the clinical setting; (c) perform assessment, treatment and rehabilitation activities in class and in the clinical setting by direct performance; (d) sit, stand, and kneel for extended periods of time while rendering assistance to patients and athletes; (e) frequently move from place to place and position to position at a speed that permits safe handling of classmates and injured athletes; (f) stand and walk while providing support to an injured athlete; (g) use auditory, tactile, and visual senses to receive classroom instruction and to evaluate and treat injured athletes; (h) follow safety procedures established for each class and clinical setting.

3. The ability to read, write, speak and understand the English language at a level consistent with competent professional practice, including but not limited to, the ability to (a) establish rapport and communicate effectively and sensitively with patients, parents, coaches, administrators, officials, medical and allied medical personnel and colleagues, including individuals from different cultural and social backgrounds; (b) record and discuss the physical examination results and treatment and rehabilitation plans clearly and accurately.

4. The capacity to maintain composure and continue to function well and the ability to make and execute quick, appropriate and accurate decisions in a stressful environment including, but not limited to, emergency situations.

5. The ability to adjust to changing situations and uncertainty in clinical situations.

6. Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

7. The ability to maintain personal appearance and hygiene conducive to the classroom and clinical setting.

8. The perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.

9. The responsibility and accountability to attend clinical experiences as assigned by the Program Director, Approved Clinical Instructor, Clinical Instructor, or Clinical Supervisor including, but not limited to, practice and event coverage of on and off campus clinical sites.

10. The ability to meet the standards and requirements for course completion throughout the curriculum including, but not limited to (a) completing readings, assignments and other activities during and outside of scheduled class hours (b) the ability to read, write, speak and understand the English language at a level consistent with successful course completion.

I have reviewed this form:

Physician's signature \_\_\_\_\_ Date \_\_\_\_\_

