

The University of Texas at Austin



Athletic Training Education Program

Student Handbook

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1. Introduction

This handbook is to be used as a reference manual for students enrolled in the Athletic Training Education Program (ATEP). Athletic training students (ATS or “students”) must be familiar with the information provided in this manual and must keep the manual updated throughout their enrollment in the ATEP. While an effort has been made to include as much pertinent information as possible, it is nearly impossible to address every possible issue, situation or circumstance that might be encountered. Students are expected to use common sense and sound reasoning in their actions and decision making. It is the ATS responsibility to consult with the ATEP Director or clinical coordinator on any issues in question.

1.01 Vision Statement

The University of Texas at Austin’s Athletic Training Education Program shall provide a quality education for undergraduate students wishing to enter the athletic training field. The University of Texas at Austin’s Athletic Training Education Program shall meet the requirements for the Commission on Accreditation of Athletic Training Education (CAATE) accreditation and shall become a program of recognized excellence.

1.02 Mission Statement

The mission of The University of Texas at Austin’s Athletic Training Education Program is to provide a quality undergraduate education, by way of a CAATE accredited entry-level program, for students pursuing a career in athletic training. In doing so, we strive to produce well-educated, well-trained, and competent individuals capable of providing effective athletic training services while representing themselves, the Program, the University and the athletic training profession in a positive manner.

1.03 Program Objectives

- 1) Obtain and maintain CAATE accreditation as an entry-level athletic training educational program.
- 2) Provide a quality didactic and clinical education to students in the athletic training educational program.
- 3) Provide an opportunity for undergraduate students to become proficient in the domains of athletic training.
- 4) Provide experiences in the classroom and clinical settings that benefit students upon employment in the athletic training profession.
- 5) Prepare students to successfully challenge examinations for athletic training certification and licensure, including the Board of Certification's examination, and the Texas Department of State Health Services' Athletic Trainer Examination.
- 6) Prepare athletic training students for the moral, ethical, and legal obligations required of an athletic trainer.
- 7) Aid graduating students during the process of obtaining employment as an athletic trainer, or continuing with their post-graduate education.

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3 Curriculum

3.01 Overview

The ATEP is designed to encompass four years of undergraduate education. During the four years, students will participate in both didactic (classroom) and clinical (hands-on) educational experiences. Success in both areas is vital to the student's education and professional development as an athletic trainer. Students will learn the theory and techniques of athletic training in both the classroom and laboratory. Students will then take this knowledge and apply it during their clinical rotations while assisting with the provision of athletic health care services to athletes and patients under the supervision of a credentialed professional. The key concept being that students will not take the place of a credentialed professional, but that the students will assist the credentialed professionals during the clinical rotations, while working to improve and perfect their skills and knowledge and learning decision-making skills in a supervised environment.

3.02 Classroom Education

The didactic portion of the curriculum consists of 130 semester hours, including 64-65 general education semester hours, 45 semester hours in the major, and a 15 semester hour minor. **Beginning with the fall 2008 semester, the newly approved Bachelor of Science in Athletic Training (BSAT) will be offered to incoming students. The BSAT is 120 semester hours, including approximately 62-68 general education semester hours and 45 semester hours in the major. There is no requirement for a minor.** Included in the 130 (120) semester hour degree plan are four prerequisite courses (KIN 119 – Conditioning, KIN 312K – Care and Prevention of Athletic Injuries, CC306M – Introduction to Medical Terminology and BIO 309D – The Human Body). These courses are to be completed prior to admission to the ATEP. Once a student has been admitted to the ATEP, he / she must take certain courses in sequence. Prior approval, from the Program Director, is required for any deviations from this sequence. Students seeking to deviate from the course sequence must submit, in writing, the specific changes in the sequence, the purpose for the changes, and a detailed plan of when the course(s) will be taken. Approval of petitions for alterations to the course sequence is not guaranteed. Students that do not follow the course sequence without prior approval from the Program Director may be suspended or dis-enrolled from the ATEP. The specific sequence of the applicable courses can be found in Appendix A.

All students should note that the following courses must be taken at The University of Texas at Austin (UT). Transfer courses will not be accepted as replacements.

KIN 119 – Conditioning
KIN 312K – Care and Prevention of Athletic Injuries

KIN 219K – Introduction to Athletic Training
 KIN 352K / **KIN 345** – Topics in Athletic Training
 KIN 352K / **KIN 342** – Clinical Evaluation of Athletic Injuries in the
 Lower Body
 KIN 352K / **KIN 343** – Clinical Evaluation of Athletic Injuries in the
 Upper Body
 KIN 352K / **KIN 341** – Therapeutic Modalities in Athletic Training
 KIN 352K / **KIN 344** – Adv. Ath. Trng: Therapeutic Exercise &
 Rehabilitation
 KIN 352K / **KIN 346**– Athletic Training Program Administration

Students interested in substituting previous or alternative coursework for the following courses must contact the ATEP Director and provide a detailed course syllabi and description of the course to be use in place of the UT course.

KIN 320 – Applied Biomechanics of Human Movement

KIN 324K – Applied Human Anatomy
 KIN 325K – Physiology of Exercise
 KIN 326K – Kinesiology: Biomechanical Analysis of Movement
 KIN 352K – Sports Nutrition
 BIO 309D – The Human Body
 CC 306M – Introduction to Medical and Scientific Terminology
 BIO 301L – Molecules to Organisms
 BIO 211 – Introductory Biology: Cell Biology
 BIO 212 – Introductory Biology: Genetics and Evolution

- substitution of these courses is handled on a case by case basis
- decisions on whether or not the course(s) can be substituted will be made by the ATEP Director, who may or may not consult with the UT instructor of the equivalent course and the instructor of the course that the student is trying to use as a replacement to determine if the course content matches
- students should note that in the event that the ATEP Director, with or without consultation, determines that the student's previous course is not appropriate to substitute for the UT course the student must enroll in the UT course
- substituting for courses that are not mentioned in the above sections (i.e. M 305G, GOV 301L, E 316K, etc.) is up to the discretion of UT academic advisors

3.03 Clinical experience

Clinical experiences are an integral part of the ATEP curriculum. “Book knowledge”, information that the student learns in the classroom or laboratory, is important only if the student can apply that knowledge in a clinical setting. Athletic training is a field in which book knowledge alone will not adequately prepare a student to be a successful professional. The purpose of the clinical experience portion of the curriculum is to allow ATS to apply what they learn, that is to take the skills and knowledge from the classroom and use them in a real-world setting. The following statement encompasses the philosophy of the clinical experience,

I hear and I forget. I see and I remember. I do and I understand.
- Confucius

While the purpose of the clinical setting is to allow the ATS to apply what they have learned in the classroom or laboratory, ATS must NOT take the place of a credentialed professional by providing health care services in an unsupervised manner. The ATS should use the clinical exposures to improve and perfect their skills and knowledge while learning decision-making skills in a supervised environment. A supervised environment is one in which there is "constant visual and auditory interaction" between the student and the clinical supervisor. Furthermore, ATS are not to perform a skill or task for which they have not received formal instruction and for which they have not proven clinical proficiency and competency. Only after formal instruction and proof of competency and proficiency, may an ATS perform a skill or technique in the clinical setting and always under the supervision of a credentialed professional.

The opportunity for proving competence and proficiency is the second component to the ATS clinical experience. Clinical experiences are associated with the course requirements for KIN 127L – Fieldwork / **KIN 140 Practicum in Athletic Training series**. Successful completion of the Fieldwork course requirements includes the completion of clinical assignments and the completion of a prescribed set of competencies and proficiencies specific to the ATS level. Specific details on the KIN 127L – Fieldwork / **KIN 140 Practicum in Athletic Training** courses can be found in the course syllabi. The set of proficiencies will be based on the student’s coursework from the previous semester. The student will be evaluated on his / her ability to integrate the clinical proficiencies into the clinical setting. The student will receive formal instruction in the classroom, laboratory, or via in-service training sessions. The student then has the remainder of that semester to practice the skills or techniques until he / she feels that he / she is competent and proficient. Sometime during the succeeding semester, when the student feels that he / she is competent and proficient in the skill set, the ATS will meet with an Approved Clinical Instructor (ACI) to prove his / her competency and proficiency.

As part of the requirements for successful completion of KIN 127L / KIN 140, students are to arrange times to meet with an ACI to review and / or demonstrate the clinical proficiencies. The ACI meets with the student in a one-on-one environment in order for the student to complete the proficiencies. Students may demonstrate their proficiencies in either of two manners. First, on-campus ACI's have designated "proficiency meeting times" when a student may sign up for an appointment to meet with the ACI and either review or complete proficiencies. In this situation the proficiencies are performed in a staged or mock situation. The second manner in which proficiencies are completed is during the student's clinical rotation. Proficiencies completed at this time may either be in a "live" situation or as part of a staged situation. Upon successful completion of the proficiency, the ACI provides the student with feedback on his / her performance. If the ACI believes the ATS has proven competency and proficiency in the task, the ACI will acknowledge this via his / her signature on the ATS proficiency "sign-off sheet". Upon this approval, the ATS may perform the skill or task in the properly supervised clinical setting.

Although ATS are expected to be supervised in the clinical settings, there are times when direct supervision is not possible (i.e. the supervisor temporarily leaves for a phone call or to use the restroom, etc). When an ATS is not under direct supervision (i.e. they are not under "constant visual and auditory interaction") by a credentialed professional, the ATS will act as a "first aid provider". The role of a first aid provider is to provide first aid or emergency treatment to injured athletes or patients. Unsupervised ATS / "first aid providers" may perform the following duties:

1. evaluation of injuries and illnesses to determine the need for EMS or immediate referral
 - a. first aid providers may not make decisions on whether or not an athlete may return to activity other than removing an athlete from activity for immediate referral or emergency medical care
 - b. in the event a first aid provider evaluates an athlete with an injury or illness that does not require (a) activation of EMS, (b) immediate referral, or (c) the provision of emergency first aid; the first aid provider is to immediately contact the appropriate supervisor or credentialed professional, according to the clinical site's policies and procedures to inform him or her that there is an athlete with a non-emergent injury or illness. The first aid provider is NOT to render a decision as to whether or not the athlete may return to play, nor is the first aid provider to perform any other evaluations or treatments.

- c. in the event a first aid provider evaluates an athlete with a injury or illness that requires (a) activation of EMS, (b) immediate referral, or (c) the provision of emergency first aid; the first aid provider will activate the Emergency Action Plan (EAP) according to that site's policies and procedures. After taking the appropriate actions, the first aid provider will notify the appropriate supervisor according to the site's policies and procedures and document the incident on the appropriate forms.
2. provide ice, compression, and elevation
 - a. in the event a first aid provider provides ice, compression, and or elevation, the first aid provider will notify the appropriate supervisor according to the site's policies and procedures and document the incident on the appropriate forms.
3. splint, immobilize, or provide support to an injury
 - a. in the event a first aid provider splints, immobilizes, or provides support to an injury, the first aid provider will notify the appropriate supervisor according to the site's policies and procedures and document the incident on the appropriate forms.
4. activate EMS
 - a. in the event a first aid provider activates EMS, the first aid provider will notify the appropriate supervisor according to the site's policies and procedures and document the incident on the appropriate forms.
5. perform CPR, rescue breathing, and / or AED procedures
 - a. in the event a first aid provider performs CPR, rescue breathing and / or AED procedures, the first aid provider will notify the appropriate supervisor according to the site's policies and procedures and document the incident on the appropriate forms.
6. provide first aid care for "medical emergencies"
 - a. in the event a first aid provider provides first aid, the first aid provider will notify the appropriate supervisor

according to the site's policies and procedures and document the incident on the appropriate forms.

Unsupervised students / first aid providers may NOT provide "athletic training services". Activities which are NOT to be performed by an unsupervised student include:

1. providing treatments for injuries other than the activities listed above
2. providing or supervising rehabilitation procedures
3. making decisions about the disposition of an injured or ill athlete other than the activities listed above

☞ **Students are required to notify the Program Director or Clinical Coordinator immediately if they feel that they are inadequately supervised in the clinical setting.**

Clinical rotations will occur during every semester in which the ATS is enrolled, in good standing, in the ATEP. Clinical settings may include UT Intercollegiate Athletics, high schools, physician offices, sports medicine clinics, professional teams, and colleges or universities. A sample of the clinical rotations can be found in Appendix B. Clinical rotations may require morning, afternoon, evening, and / or weekend time commitments on the part of the ATS. Some clinical instructors may also request the ATS attendance over holiday and semester breaks; however, students are not obligated to participate in clinical rotations when school is not in session. Many clinical rotations offer the ATS an opportunity to travel with teams to away contests. Traveling with a team is a reward that must be earned – it is not a right – and is not guaranteed. The ACI / CI will determine whether or not the ATS will travel with a team.

☞ **Students may not travel with a team, in the capacity of an ATS, unless a credentialed professional also accompanies the team and will supervise the ATS as an ACI or CI.**

While participating in the clinical experiences or rotations, students are responsible for the following:

1. abiding by the clinical site's policies and procedures
2. abiding by the ATEP policies and procedures
3. reporting for all assigned clinical sessions including, but not limited to, practice sessions, competitions, treatment sessions, rehabilitation sessions, training sessions, meetings, in-services, and appointments.
4. completing all coursework, assignments, and competencies and proficiencies associated with KIN 127L – Fieldwork / **KIN 140 Practicum.**

5. providing or obtaining transportation to and from the clinical sites and paying for all associated costs (i.e. fuel, parking, permits, etc.).
6. obtaining the uniform or type of clothing deemed appropriate for the clinical site.
7. securing student liability insurance that covers the student during their involvement with the clinical site
8. maintaining current CPR and AED certification
9. informing the clinical site supervisor AND Program Director of any questions or concerns regarding the clinical rotations or clinical site
10. informing the clinical site supervisor AND Program Director of any violations of local laws, state laws, federal laws, policies and procedures of the clinical site and / or the ATEP, and / or the NATA's Code of Ethics

As a general rule, students are not to miss classes, lab sessions, or educational meetings to fulfill their clinical assignments. However, occasionally opportunities related to the clinical rotations will arise that would be of benefit to the students' professional education. These opportunities may include surgery observations, traveling with teams, attending competitions, observing an examination or therapy session, observing consultants and specialists, attending conferences and meetings, etc. It is up to the student to determine if the experience is worth missing a class, lab, or educational meeting. If the student decides to miss a class, lab, or educational meeting to take advantage of an outside opportunity, he / she is responsible for making up all missed coursework. Students should ask for the instructor's permission prior to missing any classes, labs, or educational meetings.

☞ Students should not be pressured into missing classes, lab sessions, or educational meetings or clinical assignments or additional clinical experiences. In the event that a student feels that he / she is being pressured by an ACI or CI, the student is expected to report the incident to the Program Director or Clinical Coordinator immediately.

While it is impractical to place an arbitrary number on the amount of hours needed for students to obtain a beneficial clinical experience; students are not to be used as laborers or in place of credentialed staff and, therefore, should not be required or pressured into reporting for an extraordinary number of clinical hours. Although students are not "employed" during the clinical rotation hours, the University's policy on student employment is a good rule to follow. The policy states:

"an undergraduate student's combined University employment and semester-hour course load may not exceed forty hours a week in any semester or summer term."

This policy is in line with the CAATE suggestions that students limit their clinical hours to approximately 20 hours per week. This is not to say that students should

“clock out” at the 20 hour mark. It is up to the student and his or her supervisor to determine a sufficient number of hours that lead to a beneficial experience, however, the emphasis needs to be placed on the quality of the education associated with the hours and not on quantity of work to be done.

- ☞ In the event a student feels that he or she is being pressured by an ACI or CI to report for an extraordinary number of clinical hours, the student is expected to report the incident to the Program Director or Clinical Coordinator immediately.
- ☞ While the BOC guidelines no longer require students to track clinical hours in order to sit for the BOC examination, students must submit documentation of clinical hours to sit for the Texas Department of State Health Services’ Athletic Training Licensure examination. It is the student’s responsibility to document these hours, obtain a supervisor’s signature acknowledging those hours, and keep track of the documents. Copies of the student’s hour logs are to be submitted to the Program Director at the end of year. Students are encouraged to visit the Texas Department of State Health Services’ website (<http://www.dshs.state.tx.us/at/default.shtm>) for detailed information on the requirements to sit for the athletic training licensure examination.

The overall clinical progression places students in an environment in which they can work to improve and incorporate the knowledge and skills learned during the previous semester. The clinical progression plan has first year students rotating through four clinical assignments, two during the fall semester and two during the spring semester, with various approved clinical instructors (ACI’s) and / or clinical instructors (CI’s). The students spend approximately seven to eight weeks with each clinical assignment. The primary focus for the students’ first fall semester is the application of the knowledge and skills that the students were exposed to in KIN 219K Introduction to Athletic Training, KIN 312K Care and Prevention of Athletic Injuries, CC 306M – Medical Terminology and BIO 309D – The Human Body. The students are also responsible for the completion of the level 1A clinical proficiencies. The focus for the first year students’ spring semester is application of the knowledge and skills acquired in KIN 352K / KIN 341 – Therapeutic Modalities and KIN 324K – Applied Human Anatomy as well as completing the clinical proficiencies associated with Level 1B.

Second year students will spend one semester with an ACI / CI involved with an equipment intensive sport (football) and one semester at an off-campus affiliated site. The focus of the fall semester is on the application of the knowledge and skills developed in the two KIN 352K / KIN 342 & KIN 343 – Clinical Evaluation of Athletic Injuries courses as well as completion of the Level 2A clinical proficiencies. The spring semester focuses on the application of the knowledge and skills developed in KIN 352K / KIN 344– Advanced Athletic Training: Therapeutic Exercise and Rehabilitation, KIN 119K Conditioning and

KIN 325K- Physiology of Exercise, as well as the completion of the level 2B clinical proficiencies.

Third year students will be assigned to an ACI / CI that works with a sport that the student needs to experience in order to fulfill the clinical assignment requirements (i.e. upper body dominant sport, lower body dominant sport, opposite sex team, etc.). Students may be assigned to the same ACI / CI for one or two semesters. The focus for the fall semester is completion of the Level 3A clinical proficiencies as well as the application of the skills and knowledge acquired in KIN 352K/ **KIN 345**- Topics in Athletic Training. The spring semester's primary focus is on the completion of the skills and knowledge acquired in KIN 352K / **KIN 346** – Athletic Training Program Administration and KIN 352K – Sports Nutrition.

Students are exposed to various medical and allied medical professionals as well as general medical issues throughout their clinical assignments by interacting with team physicians and various consultants both inside and outside of the athletic training room. Specifically, students that are in the spring semester of their second year will be enrolled in KIN 352K / **KIN 345**– Topics in Athletic Training. During this semester and the following fall semester, students will participate in general medical rotations by assisting with the physician's clinic in the athletic training room **and / or** at an off-campus physician's clinic. The general medical rotations are completed in addition to the students' other clinical assignments within the athletic training room. The general medical exposures are to be documented via the "Documentation of General Medical Experiences Form". The student is to enter the date and type of experience in the spaces provided. The practitioner and the student's ACI or CI should initial the form in the spaces provided. The general medical experiences form is to be submitted to the Program Director at the end of the semester. General medical experiences are those in which the student observes or interacts with patient care for non-musculoskeletal conditions that affect the ears, eyes, nose, throat, mouth / teeth, respiratory system, cardiac system, skin, gastro-intestinal tract, nervous system, etc. Experiences involving things such as musculoskeletal assessments, orthopedic surgery observations, massage sessions, and chiropractic treatments do not count as general medical exposures. **Students should document all general medical experiences on the form. Additional general medical experiences will be obtained through the student's normal clinical assignments such as when the student assists with pre-participation physical examinations, when the student participates with or observes a team physician caring for an athlete with non-orthopedic issues, when the student attends an appointment with an athlete that is being treated for a non-orthopedic condition, etc.**

3.04 Retention in program

In order to be considered “in good standing” in the ATEP, ATS must:

- i) Remain in good standing as a recognized student with The University of Texas at Austin, the College of Education (CoE), and the Department of Kinesiology and Health (KHED)
 - (1) Failure to remain in good standing with the University, CoE, or KHED will result in immediate suspension or dis-enrollment from the ATEP
- ii) Complete appropriate coursework in the prescribed course sequence as outlined in Appendix A.
 - (1) Failure to complete the appropriate coursework in the prescribed sequence may result in the ATS being placed on probation, suspended or dis-enrolled from the ATEP.
- iii) Maintain an overall / cumulative GPA of at least 2.5 on a 4-point scale
 - (1) Failure to maintain a 2.5 GPA will result in the ATS being placed on probation, suspended, or dis-enrolled from the ATEP.
- iv) Receive at least a “C” letter grade in KIN 127L – Fieldwork/ **KIN 140 Practicum in Athletic Training** for the previous semester and complete ALL of the assigned clinical proficiencies.
 - (1) Failure to earn at least a “C” letter grade may result in the ATS being placed on probation, suspended, or dis-enrolled from the ATEP.
 - (2) Students that do not complete all of the required competencies and proficiencies associated with the Fieldwork / **Practicum** course will not be allowed to enroll in a successive Fieldwork / **Practicum** course until all of the previous clinical proficiencies are completed. Failure to continue with the Fieldwork / **Practicum** courses may prevent the ATS from meeting the ATEP course requirements. Failure to meet the ATEP course requirements may result in the student being placed on probation, suspended, or dis-enrolled from the ATEP.
- v) Earn a minimum letter grade of “C” in the following courses:
 - (1) KIN 119 – Conditioning
 - (2) KIN 219K – Introduction to Athletic Training
 - (3) KIN 312K – Care and Prevention of Athletic Injuries
 - (4) KIN 324K – Applied Human Anatomy
 - (5) KIN 325K – Physiology of Exercise

- (6) KIN 326K – Kinesiology: Biomechanical Analysis of Movement or KIN 320 Applied Biomechanics of Human Movement
- (7) KIN 352K – Sports Nutrition
- (8) KIN 352K / KIN 345 – Topics in Athletic Training
- (9) KIN 352K / KIN 342 – Clinical Evaluation of Athletic Injuries and Illnesses in the Lower Body
- (10) KIN 352K / KIN 343 – Clinical Evaluation of Athletic Injuries and Illnesses in the Upper Body
- (11) KIN 352K/ KIN 341 - Therapeutic Modalities in Athletic Training
- (12) KIN 352K / KIN 344– Advanced Athletic Training: Therapeutic Exercise and Rehabilitation
- (13) KIN 352K/ KIN 346 – Athletic Training Program Administration

Failure to earn at least a “C” letter grade will require the ATS to retake the course and may preclude the ATS from registering for courses requiring the deficient course as a prerequisite. This may result in the ATS failing to meet the course sequencing requirements and may result in the ATS being placed on probation, suspended, or dis-enrolled from the ATEP.

- vi) Receive a minimum score of 75% on his / her final clinical performance evaluation, which is completed by the student’s clinical supervisor at the end of the semester.
 - (1) Failure to earn a score of 75% or better will result in the ATS being placed on probation, suspended, or dis-enrolled from the ATEP.
- vii) Abide by the policies and procedures of the ATEP and the clinical rotation site
 - (1) Failure to follow the policies and procedures of the ATEP and the clinical rotation site may result in the ATS being placed on probation, suspended, or dis-enrolled from the ATEP.
- viii) Have an annual health assessment on file with the Program Director prior to beginning the assigned clinical rotation.
 - (1) The annual health assessment or physical must be completed by a physician with the credential of M.D. or D.O or their designate (PA, NP, etc).
 - (2) Documentation of the annual health assessment must be via the ATEP form which addresses specific health concerns and technical standards for the ATEP.
 - (3) The ATS is responsible for the cost of the assessment
 - (4) The assessment must have been performed within six months of the due date.

- (5) Failure to fulfill the health assessment requirement will result in immediate suspension from the clinical rotation portion of the ATEP. The suspension will last until the health assessment requirement is fulfilled. Failure to obtain a health assessment within the time frame specified on the notification of suspension may lead to dis-enrollment from the ATEP.
- ix) Have a signed copy of the Hepatitis B Vaccine Statement on file with the Program Director prior to beginning the assigned clinical rotation.
- (1) The Hepatitis B Vaccine Statement includes three options for students to choose from. The first option states that students have already received the vaccination series. If a student selects this option, he / she must provide the Program Director with proof via an immunization record. The second option is to voluntarily forgo the vaccine series. The third option is to obtain the vaccines at the student's cost.
 - (2) Failure to fulfill the Hepatitis B Vaccine Statement requirement will result in immediate suspension from the clinical rotation portion of the ATEP. The suspension will last until the form is signed and submitted. Failure to submit the statement within the time frame specified on the notification of suspension may lead to dis-enrollment from the ATEP.
 - (3) Students are responsible for making the appointment(s) for the vaccine series and are financially responsible for all costs associated with the vaccines. Students may obtain the Hepatitis B vaccine from any healthcare provider that they choose. Estimated costs for the three shot series is approximately \$100 - \$150 (2005 costs as estimated by staff at the University Health Services / Student Health Center).
 - (4) Upon completion of the series, ATS should provide written documentation to the Program Director.
- x) Attend an annual in-service on "blood-borne pathogens" offered by the University.
- (1) An annual blood-borne pathogen in-service will be held during the fall or spring semester. All ATS are expected to attend, unless they have a valid excuse. Valid excuses include course conflicts, injuries or illnesses which prevent attendance, and family or personal emergencies. The student should contact the Program Director as soon s/he becomes aware that s/he will miss the in-service. In the event that an ATS misses the in-service, s/he will be required to attend another UT sponsored in-service before the beginning of the following clinical rotation. The student will then be responsible for providing written documentation that proves the s/he attended the in-service. This should be in the form of a copy of the attendance sheet which indicates the type of in-service (blood-borne pathogen) and the date on which it was held.

- (2) Failure to attend an approved in-service on blood-borne pathogens, on an annual basis, will result in immediate suspension of the ATS from the ATEP. The suspension will last until the ATS provides proof of attendance at an approved University sponsored in-service. Failure to attend and provide proof of attendance at such an in-service within the time frame specified by the notification of suspension may lead to dis-enrollment from the ATEP.
- xi) Have proof of student liability insurance on file with the Program Director before the ATS reports for their first day of their clinical rotation.
- (1) Failure to provide proof of insurance will result in the immediate suspension of the ATS from the clinical portion of the ATEP. The suspension will last until the ATS provides proof of liability insurance. Failure to obtain student liability insurance within the time frame specified by the notification of suspension may lead to dis-enrollment from the ATEP.
- xii) Have proof of current CPR and AED certification on file with the Program Director before the ATS reports for their first day of their clinical rotation.
- (1) Students are required to maintain current CPR and AED certification during all clinical education rotations throughout the academic year.
 - (2) The expense of obtaining and maintaining CPR and AED certification is the responsibility of the ATS.
 - (3) Failure to maintain current CPR and AED certification will result in the immediate suspension from the clinical rotation portion of the ATEP. The suspension will last until the ATS provides proof of current CPR and AED certification. Failure to obtain and prove CPR and AED certification within the time frame specified by the notification of suspension may lead to dis-enrollment from the ATEP.
- xiii) Comply with the laws, rules, and regulations set forth by the Texas Department of State Health Services and its Advisory Board of Athletic Trainers.
- (1) Students should go to the Department's and Board's website at <http://www.dshs.state.tx.us/at/default.shtm> for specific information on the laws, rules, and regulations
 - (2) Failure to comply with these laws, rules, and regulations may result in the ATS being placed on probation, suspended, or dis-enrolled from the ATEP.
 - (3) Failure to comply with these laws, rules, and regulations may result in legal actions against the ATS.
- xiv) Comply with the NATA's Code of Ethics.

- (1) Students should go to the NATA's website at www.nata.org for specific information on the Code of Ethics.
- (2) This requirement is in effect regardless of whether or not the ATS is a member of the NATA.
- (3) Failure to comply with this code of ethics may result in the ATS being placed on probation, suspended, or dis-enrolled from the ATEP

The following information applies to the items in 3.04 Retention in Program

- (1) A student that is placed on probation or suspended due to their failure to comply with the items listed above will be required to meet with the Program Director. The Program Director will provide the student with a written explanation of the terms of the probation or suspension including:
 - (a) a list of requirements that the ATS must meet to be removed from probation or suspension, (b) a deadline for which to fulfill the requirements, and (c) an explanation of the consequences of not fulfilling the requirements.
- (2) Students failing to meet with the Program Director will be suspended from the ATEP for a minimum of one semester. However, the suspension may last longer than one semester and may result in the student being dis-enrolled from the ATEP.
- (3) Students not fulfilling the requirements for probation will be suspended from the ATEP for a minimum of one semester.
- (4) Students not fulfilling the requirements for suspension will be dis-enrolled from the ATEP.
- (5) Students that are suspended or dis-enrolled from the ATEP will NOT be allowed to participate in clinical rotations or Fieldwork courses.
- (6) Students that do not complete the ATEP will not be eligible to sit for the BOC or Texas Department of State Health Services' examinations for athletic trainers
- (7) Students that are suspended or dis-enrolled from the ATEP will not receive the following:
 - ~~(a) Advising services by Intercollegiate Athletics~~
 - ~~(b) Tutoring or mentoring services provided by Intercollegiate Athletics~~
 - (c) Priority enrollment
 - (d) Uniforms or gear
 - (e) Student liability insurance
 - (f) Awards from Intercollegiate Athletics or other affiliate sites including, but not limited to: (a) event tickets, (b) bowl game or tournament gifts,

(c) lettermen awards (ring, clock, watch, blanket, jacket, etc), (d) service awards, or (e) academic awards

3.05 Pre-physical therapy plan

In 2008, the ATEP signed an “articulation agreement” with The University of Texas Medical Branch at Gavelston School of Allied Health Sciences Department of Physical Therapy (DPT) whereby the DPT will reserve 5% of class places each year for graduates from the ATEP that have completed the “pre-physical therapy plan” and all other applicable DPT pre-requisites.

The pre-physical therapy plan requires ATEP students that are interested in pursuing physical therapy school to make that intention known to the ATEP Program Director upon the student being admitted to the ATEP. Students in the pre-physical therapy plan (pre-PT students) will attend an orientation with the ATEP Program Director or his designate. At that time the details of the pre-PT plan will be further announced. Pre-PT students will be assigned a faculty contact at DPT to help counsel the student during the course of study at the ATEP. Upon moving to the Level 2A category, pre-PT students will undergo a consultation with a representative of the ATEP and the DPT. The consultations are to determine the student’s motivation for the physical therapy profession, to assess personal qualities deemed valuable to these health professions, to familiarize the student with the DPT program and to allow the student to assess whether the DPT program is suited to the student. The ATEP interview will be conducted with an ATEP representative and the DPT interview will be conducted during a visit to the DPT Open House with a DPT faculty member.

Pre-pt students will work to complete the ATEP requirements in addition to enrolling in a number of courses designated as meeting the DPT prerequisites. Pre-pt students will also be required to complete a “Knowledge of Physical Therapy Assignment” as given by the DPT and will be required to complete the required DPT pre-admission physical therapy experience requirements of at least 40 hours of volunteer or paid experience in a physical therapy setting in which the student has been supervised by a licensed physical therapist. These hours will be in addition to the clinical assignments required by the ATEP. Both the ATEP and DPT faculty and staff will attempt to assist the pre-PT student in finding physical therapy clinics to obtain the volunteer hours, however, it is ultimately up to the pre-PT student to secure a setting and obtain those hours. It is advised that the pre-PT student obtain the PT observation hours in a non-sports medicine setting.

Pre-PT students must meet all of the requirements of the ATEP in addition to the requirements of the pre-physical therapy plan and the prerequisites of the DPT in order to be considered for admission to the DPT program on a non-competitive basis. The DPT program will reserve 5% of class places each year for students that meet the prescribed criteria. Depending on the number of class places available and the number of pre-PT students that meet the criteria, **the possibility exists that not all students completing the pre-PT plan will be admitted to the**

DPT program on a non-competitive basis. In the event there are a greater number of ATEP graduates that successfully complete the pre-PT plan than there are class places being reserved, the DPT program will select the best of the candidates based on recommendations by the ATEP faculty and staff and the pre-PT student's overall application. Students that are not accepted on a non-competitive basis may still apply to the DPT program and enter the competitive admissions process.

Additional information will be provided at the pre-physical therapy plan informational meeting.

4. Advising, Registration, Scheduling, Tutors / Mentors

Students receive some unique benefits related to their involvement with the ATEP, one of which is the benefit of priority registration. ~~In addition to the advising services offered through the CoE and KHED, ATS have access to an academic advisor through the Athletics Department. The advisor from the Athletics Department serves in a support role to those of the CoE and KHED.~~ The primary advising on course selections, degree requirements, and similar issues is conducted with the CoE and KHED advisors as well as with the Program Director. The Athletics Department's academic advising staff arranges for priority registration for ATEP students. ~~coordinates the tutoring and mentoring programs, and serves as a resource for general academic or personal concerns.~~ Students are encouraged to take advantage of all of the services offered to them. However, in order to receive the added benefits provided by the Athletics Department advisor, students must comply with the advisor's requests. This includes, but is not limited to, submitting forms on time, returning e-mails and phone calls, and attending meetings. ~~and reporting for study hall, tutoring, and / or mentoring sessions in a prepared manner.~~

4.01 Advising

Students are encouraged to meet with the KHED and / or CoE Academic Advisors as needed. Students are also encouraged to meet with the Program Director for all academic matters pertaining to the ATEP. Students must meet with the Program Director prior to registering for courses for each of the long semesters. A registration "bar" will be issued that prevents students from registering if they have not met with the Program Director during the pre-registration period. The bar will remain in place until the ATS has met with the Program Director. Students that have a bar placed on their registration run the risk of missing the priority and normal registration periods which may result in the student being unable to register for a course required for a specific semester. If this occurs, it is the student's responsibility to find solutions to the problems that will exist. While the advisors and Program Director are here to assist the ATS, it is ultimately the ATS responsibility to ensure compliance with the ATEP policies and procedures and the degree requirements.

4.02 Registration

ATS are given the benefit of "priority registration" which means ATS may enroll in courses before the general student body. Students are to meet with a KHED or CoE Academic Advisor during the semester to plan their schedule. After meeting with an advisor, ATS should schedule a meeting with the Program Director to review their schedule to make sure it is acceptable and ensure that it follows the prescribed course sequence. Failing to meet with the Program Director will result in a registration bar being issued. ~~The Program Director will submit a list of students that are to receive priority registration to the Athletics Department academic advisor. Students should be mindful of their registration times so as not~~

to miss their opportunity. Students that do not register for classes during their arranged time (priority registration) will be on their own to register for classes. ~~After meeting with the Program Director, ATS should meet with the Academic Advisor provided by the Athletics Department to carry out the priority registration process. It is the ATS responsibility to ensure the accuracy of their schedule after the academic advisor carries out the registration process.~~

4.03 Scheduling

Because the clinical experience plays a crucial role in the student's education, students should not schedule courses that will interfere with their clinical rotation times. Typically, this means not scheduling courses between 1:00 pm and 5:00 pm, since this is the time period when the majority of the clinical experience will take place. In the event a required course is only offered during these times, the ATS should inform both the Program Director and the ATS site supervisor prior to scheduling the course.

~~4.04—Tutors and Mentors~~

~~Tutoring and mentoring services are available for ATS through the Athletics Department. Normally, these services are available at no cost for ATS. Students requesting a tutor or mentor must see the Athletics Department academic advisor that has been assigned to the ATS group. ATS that request these services are expected to follow through with their request. Students that skip sessions, report late, are unprepared for sessions, or do not complete the prescribed work will lose the tutoring and mentoring benefit.~~

5. Financial Information

5.01 Financial Aid

Students are encouraged to schedule a meeting with a UT Student Financial Services Advisor as needed. The academic advisors and the Program Director are not responsible for securing or assisting with financial aid. The financial aid office can be reached at 475-6282. **Students are not provided with scholarships or any other type of financial awards through the ATEP.**

5.02 Employment

While outside employment is not prohibited, it must not interfere with an ATS ability to report for classes, labs, in-services, or clinical rotation assignments. The clinical rotations may require ATS to report during mornings, afternoons, evenings and / or weekends which may make it difficult for ATS to have outside employment. In the event an ATS feels that they must obtain outside employment and that employment has the potential to interfere with the ATS ability to fulfill their obligations to the ATEP, the ATS must meet with their clinical supervisor and the Program Director to discuss the matter. Repeated absences or cases of tardiness may negatively affect the ATS grades and scores on their clinical performance evaluations, and may lead to the ATS being placed on probation, suspended, or dis-enrolled from the ATEP. Neither the Program Director nor the ATEP faculty or staff will arrange for students to be employed.

5.03 Textbooks and Supplies

Costs are variable, but generally range from \$300 - \$500 per semester. The ATEP does not provide financial assistance for textbook or supply costs. Students are encouraged to retain their textbooks in order to build a personal library.

5.04 Student Liability Insurance

All students that participate in the ATEP MUST have student liability insurance that covers the student for the entire duration of their clinical rotation. The policy must cover “athletic training students” and should provide at least \$1M / \$3M in coverage. In the past, the Athletics Department has purchased a “blanket policy” for the ATEP. This blanket policy fulfills the student liability insurance requirement. There are no guarantees that the Athletics Department will continue to purchase this blanket policy. In the event the Athletics Department does not purchase this policy, the ATS MUST purchase an individual policy at the student’s expense. The costs of this policy range from \$20 - \$50 (costs in 2005). The student may obtain this insurance from any company that they wish. Two companies that provide student liability insurance are Healthcare Providers Service Organization (<http://www.hpsso.com/>) and Seabury & Smith (www.proliability.com). Student liability insurance typically covers the ATS only

while they are participating in ATEP functions. “Moonlighting” activities are normally not covered. ATS are encouraged to learn the specifics of their coverage.

5.05 Uniforms and Clothing

See the professional appearance section of this handbook for a description of the required uniform and appropriate attire. Generally, the bulk of the daily on-campus uniform is provided by the Athletics Department. In the event that the student is not supplied with a uniform, or a portion of a uniform, the ATS will be responsible for purchasing one or more of the following items:

- White t-shirt or collared shirt with a UT logo
- Khaki shorts and / or pants.
- “tennis” or athletic-type shoes
- outdoor and / or inclement weather gear depending on the clinical assignment

In the event the student’s clinical assignment is one that allows the student to travel with a team or one in which the student is expected to “dress up”, the ATS will be responsible for obtaining proper attire at the student’s expense.

5.06 Transportation to Clinical Sites

Students are responsible for obtaining transportation to and from all clinical site assignments at the student’s expense. This includes, but is not limited to, the expenses associated with fuel and parking. The ATEP is not responsible for costs or damages incurred while traveling to or from the clinical sites. This policy pertains to both on campus and off campus sites.

5.07 Immunizations

All University of Texas at Austin students are required to have up to date immunizations on file prior to enrolling. If an ATS is lacking a specific immunization, the ATS will be financially responsible for the costs associated with the immunization. It is recommended that ATS receive the Hepatitis B vaccine series. Students will be responsible for all costs associated with the vaccine. Neither the Athletics Department nor the ATEP will pay for any immunizations, vaccines, or medical expenses. Students may obtain the Hepatitis B vaccine from any healthcare provider that they choose. Estimated costs for the three shot series is approximately \$100 - \$150 (2005 costs as estimated by staff at the University Health Services / Student Health Center).

5.08 The following items are discussed in other areas of this handbook and are items in which the expense is solely the responsibility of the ATS and not the ATEP:

1. Annual CPR certification / recertification
2. Annual health assessment or physical examination
3. Personal health care

6. Health Protection and Personal Safety

6.01 Physical Examination

All ATS are required to have an annual health assessment or physical examination. The purpose of the assessment is to ensure that the student (a) can safely participate in the ATEP (b) meets the Technical Standards and (c) is not at risk of spreading a communicable disease to others in the clinical setting. This assessment or examination must be completed by a licensed physician (M.D. or D.O.) and / or their designee. Students must have the physician complete the form provided by the ATEP – other forms will not be accepted as substitutes. Students are responsible for all costs associated with the evaluation or assessment as well as any required or suggested follow-ups. Neither the ATEP nor the affiliated sites will pay for any expenses associated with the physical examination or health assessment. Students must submit the proper form to the Program Director prior to beginning their assigned clinical rotation.

Students are expected to notify the Program Director and clinical instructor if his / her health status changes. Specifically, students are asked to report injuries or illnesses that would prevent his / her ability to continue meeting the ATEP's Technical Standards. Also, students are expected to notify the Program Director and clinical instructor if he / she develops a communicable disease or illness that could be contracted by a patient or athlete that the student is in contact with. Examples are contagious skin rashes, superficial soft-tissue infections, upper respiratory infections, lower respiratory infections, tuberculosis, gastro-intestinal viruses, influenza, and the like. If the clinical supervisor / instructor and /or Program Director deem the student's condition presents a risk for others in the clinical setting, the student will be prevented from participating in the clinical rotation until the student provides documentation from a physician stating that the student does not pose a health risk for others in the clinical setting. The situation will be reviewed by the ATEP medical director who will have final say as to whether or not the ATS may participate in the clinical rotations. The purpose of this is not to alienate the infected student, but to ensure precautions are taken to prevent transmission of the condition to athletes / patients and others at the clinical site. Costs associated with the evaluation and / or treatment of such conditions will be the responsibility of the student.

In the event that an ATS acquires an injury or illness that he / she believes is directly related to their involvement at an affiliated clinical rotation site, the student is required to report the injury or illness to the clinical supervisor / instructor and Program Directory immediately. The clinical supervisor / instructor and the Program Director will then determine a course of action.

6.02 Infectious Disease Control

Students are required to attend an annual in-service on blood-borne pathogens and infectious disease control. The in-service covers general principles of infectious disease control as well as specific UT policies on the topic. Students should be familiar with their clinical site's policies and procedures on blood-borne pathogens and infectious disease control, as the policies and procedures may differ between clinical sites. The University's Infectious Disease "Exposure Control Plan" can be found on the website

http://www.utexas.edu/safety/ehs/biosafety/exposure_control_plan.pdf

Additional information on these topics can be found in the *Division of Athletic Training / Sports Medicine Manual of Policies and Procedures* and is pertinent to those students involved in clinical rotations with UT Athletics.

6.02.1 Hepatitis B Vaccines

Students have the option of receiving or declining Hepatitis B vaccines. While not mandatory, ATS are encouraged to undergo a series of vaccines for Hepatitis B. Students will be responsible for all costs associated with the vaccine. Students may obtain the Hepatitis B vaccine from any healthcare provider that they choose. Estimated costs for the three shot series is approximately \$100 - \$150 (2005 costs as estimated by staff at the University Health Services / Student Health Center). All students must have a signed Hepatitis B Vaccine Statement on file with the Program Director prior to reporting for their assigned clinical rotation. Upon completion of the hepatitis B vaccine series, the ATS is to provide proof of completion to the Program Director.

6.02.2 Immunizations

All University of Texas at Austin students are required to have up to date immunizations on file prior to enrolling. Students admitted to the ATEP must provide documentation of his or her immunizations to the Program Director prior to beginning the clinical experience portion of the ATEP. Students may obtain this information from the University Health Services (UHS). Instructions on obtaining this information from UHS can be found at <http://www.utexas.edu/student/health/information/records.html>

6.03 Inclement Weather Policies

Students may be exposed to inclement weather conditions during their participation in clinical rotations. Students are expected to fulfill their clinical rotation assignments, even when the weather is less than desired. However, if a student feels that his / her health and / or safety is or will be compromised due to inclement weather, he / she should relay this to the clinical instructor and take the appropriate actions to remove himself / herself from the environment. The following policies should be followed when dealing with inclement weather.

6.03.1 Lightning

Each clinical site may have a different lightning policy in effect. Typically, athletic trainers are not given the authority to suspend an activity due to lightning as the decision is often made by an administrator, coach, or official. Students are expected to follow the clinical site's lightning policy. However, in the event that a student feels unsafe due to lightning and the activity has not been suspended, he / she should notify the clinical instructor / supervisor that he / she feels unsafe and will be taking shelter. The student should then proceed to take shelter based on the lightning policy or commonly accepted guidelines. Students are urged to read the following article on lightening safety

<http://www.nata.org/statements/position/lightning.pdf>

6.03.2 Excessive Heat or Cold

Students are responsible for taking precautions against environmental illnesses related to heat and cold. Information on heat related illnesses can be found at

<http://www.nata.org/statements/position/exertionalheatillness.pdf>

Students should follow the precautions and guidelines listed in the above article. If a student feels that s/he is suffering from a heat-related illness, they should notify their clinical instructor / supervisor and take the appropriate actions to treat the condition.

Considering the weather patterns of central Texas, students will rarely be exposed to excessive cold during their clinical rotations. However, if a student feels that he / she is suffering from a cold-related illness, they should notify his / her clinical instructor / supervisor of their concern and take the appropriate actions to treat the condition.

7. Disability Services

It is the student's responsibility to notify the Program Director and the appropriate clinical instructor about disabilities and needs for accommodation at the earliest possible opportunity. Students with disabilities should contact the Services for Students with Disabilities (SSD) in the Office of the Dean of Students for specific information on their rights and responsibilities.

The ATEP is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the ATEP establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). The Technical Standard Document can be found in Appendix C. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program. All students must complete the technical standards form and return it with their application packet. In the event an ATS is no longer able to meet the technical standards with or without reasonable accommodations after admission to the ATEP, that student will be dis-enrolled from the ATEP.

8. Professional Appearance & Behavior

Students should recognize that professional respect by one's peers, supervisors, and patients is critical. Students must also recognize that they will have to earn this respect and that it will take time to do so. Respect is often slow to obtain but quick to lose. Two of the quickest ways to lose respect are through inappropriate behaviors and appearance. The following guidelines have been developed to aid the student in determining proper appearance and behaviors.

Appearance

Proper grooming and personal hygiene are important characteristics for professionals and students alike. Students are expected to maintain a neat and well groomed appearance during all activities associated with the ATEP. While compliance with this request is subjective and there is room for individualism, extremes in appearance should be avoided. A student's appearance must not distract from the professional image he / she is trying to promote, nor can it attract undo attention from those around. Students should keep these requests in mind:

1. Breath should be fresh
2. Body odors should be pleasant with fragrances kept to a minimum
3. Facial hair, if kept, should be neatly trimmed and non-distracting to patients.
4. Jewelry should be kept to a minimum.
 - a. Excessive jewelry can be a distraction and in some instances may hinder the students ability to render care (ex: rings may tear protective gloves when treating wounds; long bracelets or necklaces may get entangled in modality or rehabilitation equipment, etc.)
 - b. Neither the ATEP nor the clinical site will assume responsibility for any jewelry that is damaged, lost or stolen during the student's clinical rotations
5. Requirements for appropriate uniforms and clothing vary slightly depending on the clinical site. However, **the information provided in this section is to be followed unless the site supervisor specifies alternatives.** Students not following the clothing / uniform guidelines will be sent home from the clinical rotation. Repeated violations of the guidelines will result in suspension from the ATEP for a period of time to be determined by the Program Director. Students should contact the Program Director or site supervisor with any questions regarding appropriate and inappropriate attire before reporting in questionable clothing.

6. Students will be provided with a t-shirt or collared shirt to be worn during on-campus rotations. Some on-campus rotations may also supply shorts, pants, sweat suits, outdoor gear and shoes; however, there is no guarantee that the ATS will receive these additional items. Often, clothing and / or gear (i.e. raingear, travel suits, cold-weather gear, etc) is “loaned” to the student for use during the clinical rotation or under specific conditions. If the ATS does not return loaned clothing / gear they will be suspended from the ATEP until the item is returned. If a student loses an item, they will be required to reimburse the clinical site for the cost of the item in order for the suspension to be lifted. If the clinical site issues clothing / gear to an ATS, the student is expected to wear that clothing / gear during and only during his / her participation in the clinical rotation. If the ATS does not receive shorts, pants or shoes, the ATS will be responsible for purchasing those items – sweat suits and outdoor gear are optional purchases depending on the environmental factors of the clinical site.
7. Unless the site supervisor specifies a different dress code, the items below are acceptable components of the uniform for **on-campus** clinical rotations. Students should note the guidelines listed under each item. Students should also note that all clothing is expected to be clean, wrinkle free, and void of holes or frayed edges.
 - a. White and burnt orange t-shirts and collared shirts.
 - i. If a logo is visible it should be a NIKE or UT logo.
 - ii. Shirts should not have a low cutting v-neck.
 - iii. Shirts must have sleeves.
 - iv. Shirts should be tucked in.
 - b. Black, orange, or khaki / tan nylon “wind-breaker” type shorts and pants.
 - i. If a logo is visible it should be a NIKE or UT logo.
 - ii. Shorts must be at least mid-thigh in length.
 - iii. Shorts and pants should be worn no lower than waist high.
 - c. Khaki / tan “Dockers” type shorts and pants.
 - i. Shorts must be at least mid-thigh in length.
 - ii. Shorts and pants should be worn with a belt.
 - iii. Shorts and pants should be worn no lower than waist high.
 - iv. Excessively tight or baggy shorts or pants are inappropriate.
 - v. “Bell-bottom” or “flared” pants are inappropriate.
 - vi. Jeans are inappropriate.

- d. White, black, grey and burnt orange sweatshirts and sweatpants.
 - i. If a logo is visible it should be a NIKE or UT logo.
- e. White, black and burnt orange sweaters and jackets.
 - i. If a logo is visible it should be a NIKE or UT logo.
- f. “Tennis” shoes or athletic-type shoes.
 - i. The preferred brand is NIKE.
 - ii. Sandals, including “flip-flops” and “slides” are inappropriate.
- g. White, burnt orange, or black baseball-style hats.
 - i. If a logo is visible it should be a NIKE or UT logo.
 - ii. Hats are not to be worn indoors.
 - iii. Hats are to be worn evenly on the head with the bill facing forward
- h. White, burnt orange, or black stocking caps or ear warmers.
 - i. If a logo is visible it should be a NIKE or UT log.
 - ii. Stocking caps and ear warmers are not to be worn indoors.

Students participating in an **off-campus** clinical rotation should consult with the site’s supervisor for details on appropriate clothing and uniforms prior to their first day at that site. Students are responsible for the costs associated with the clothing / uniform if the items are not provided by the site. If the clinical supervisor does not require a specific uniform, students should follow the on-campus uniform guidelines.

Behavior and Interactions

Clinical instructors may remove a student from the clinical rotation, at any time, if the supervisor feels that the student has behaved in an inappropriate manner, violated the site's guidelines, or violated the guidelines included in this manual.

It is the clinical supervisor's responsibility to inform the Program Director of any instances in which the student violates the guidelines on appropriate behavior and / or is asked to leave a clinical rotation for inappropriate behavior. If a violation of guidelines occurs, the clinical supervisor is to contact the Program Director as soon as possible after the occurrence. Also, the clinical supervisor is to complete and submit a *Report of Violation of Clinical Guidelines and Rules* form to the Program Director. The offending student is required to meet with the Program Director to discuss the situation before the student will be allowed to return to the clinical setting. Students may or may not be reinstated to the clinical rotation depending on the severity of the violation. This determination will be made by the Program Director and the clinical site supervisor. Students that are removed from the clinical rotation will NOT be reassigned to another clinical site until the next rotation period. Students may be permanently prevented from participating in future clinical rotations (i.e. dis-enrolled from the ATEP) if the violation is deemed serious and / or the student demonstrates recurring inappropriate behaviors. Behaviors that violate University guidelines or state, local, or federal laws will be reported to the appropriate authorities.

Clinical sites may have specific policies regarding the expected behaviors for ATS. If these policies differ from the policies listed below, the ATS should follow the policies of the clinical site. The following guidelines cover specific areas of concern regarding professional behaviors; however it is not an all-inclusive list. Therefore, student's behaviors and actions will be evaluated for their appropriateness as warranted.

1. Inappropriate actions include but are not limited to: (a) breach of patient confidentiality; (b) harassment or discrimination in any form (c) absenteeism and /or tardiness; (d) unsafe clinical practice, including omission, commission, negligence, and malpractice; (e) neglect of clinical responsibilities (f) inappropriate interaction with patients, coaches, administrators, and medical staff and faculty members (includes staff athletic trainers, educational faculty members, physicians and other medical professionals) etc. (g) or any other action that the supervisor deems unsafe or inappropriate.
2. Compliance with patient confidentiality is mandatory. Students are **NOT** to discuss patient information with anyone (including coaches, other patients, administrators, press/ media, fans, scouts, friends, family, etc.) other than the healthcare providers that are directly

involved with that patient's care. Strict compliance with the Healthcare Information Privacy and Portability Act (HIPPA) is mandatory.

Students should keep in mind the old adage "what you hear and see here, stays here". If a student is approached by someone requesting information on an athlete, the student is to follow these steps:

- a. Remain polite
 - b. Inform the person that you are legally prohibited from sharing any medical information on the athlete
 - c. Refer the person to your clinical instructor
 - d. Follow up with the clinical instructor to inform him or her that the person asked you for information and that you did not provide the person with any information
3. Harassment and / or discrimination, of any kind, will not be tolerated. This includes actions against peers, athletes, patients, staff, administrators, etc. Types of harassment and discrimination include, but are not limited to, inappropriate actions or comments based on the patient's sex / gender, sexual preference, race / ethnicity, religion, and the patient's sport or status.
- a. The following are links to the University's policies on harassment:
 - i. <http://www.utexas.edu/policies/hoppm/04.A.02.html>
 - ii. <http://www.utexas.edu/policies/hoppm/04.A.03.html>
 - iii. <http://www.utexas.edu/policies/hoppm/04.B.02.html>
 - iv. <http://www.utexas.edu/policies/hoppm/pm4121.html>
 - v. <http://www.utexas.edu/policies/hoppm/04.B.01.html>
 - vi. <http://www.utexas.edu/policies/hoppm/pm4120.html>
4. Absenteeism and tardiness will not be tolerated. This includes punctuality and attendance for classes, in-services, clinical rotations, meetings, and appointments. Students must notify the appropriate supervisor or instructor of any absences and tardiness. This should be in a timely manner, preferably prior to their occurrence.
5. The clinical instructor is responsible for ensuring the safety of patients at their site, especially those under the supervised care of an ATS. Students are not to perform any procedures or render any care for which they have not proven competence and proficiency. Nor are students to provide any services without supervision. Clinical instructors are to immediately intervene in any situation in which the student is demonstrating unsafe clinical practice.
6. The student's clinical responsibilities vary with the clinical site and level of the student. Students are required to meet with the clinical instructor to discuss their specific responsibilities no later than the first day of the clinical rotation.

7. Inappropriate interactions with patients, coaches, administrators, fellow ATS, staff, etc. can take many forms. The following guidelines help to identify appropriate and inappropriate interactions and offer some guidance as to working relationships, however, the information is not all-inclusive:
- a. While development of a good rapport and relationship with patients is conducive to a good working and learning environment, students must be sure to keep the rapport and relationship at a professional level. Patient /athlete interaction must be professional at all times so as not to undermine the patient's confidence in the student or the staff. Students are expected to report any problems or concerns with patients / athletes, especially those of a hostile nature, to their clinical instructor AND Program Director immediately.
 - b. Students should be especially mindful of their social interactions with patients / athletes. Social and romantic relationships are highly discouraged. In the event that a relationship develops, the ATS must notify the clinical instructor and Program Director of the relationship as soon as the relationship begins. This is to avoid a potential conflict of interest or distraction in the clinical environment. Students will be immediately removed from the clinical site if they develop an unprofessional relationship with a patient / athlete at that site.
 - c. The athletic trainer – coach relationship necessitates a daily interaction with the coaches. A professional relationship with the coaching staff is very important to an athletic trainer. Students should pay particular attention to the interaction between the clinical site's medical staff and the coaching staff. Their interaction can provide cues as to the environment; some relationships are congenial while others are not. Usually the clinical instructor will have the most interaction with the coaches including informing the coach of the status of injured players. However, there may be an occasion where the ATS will be put in this role. Students are expected to maintain a professional interaction with the coaches and act according to the guidelines set forth by the clinical instructor. Details on how and when to address coaches, how to respond to questions from coaches, and how to handle potential conflicts should be addressed with the clinical instructor early in the rotation. At no time should a student criticize or question a coach on issues related to the coaching of the team. Students are expected to

report any problems or concerns with a coach, especially those of a hostile nature, to their clinical instructor AND Program Director immediately.

- d. Students will typically have very limited interaction with administrators. However, in the event that a student does have an opportunity to interact with an administrator the interaction must be of a professional nature. Students are to be cordial and are to address the administrator as Mr. or Ms. and /or sir or ma'am. Often times an administrator will ask questions about an athlete's injury or status, the student is required to refer the administrator to the appropriate clinical instructor.
- e. Professional relationships between students are a very important aspect of the ATEP and the clinical rotations. Students will interact with one another on an almost daily basis. These interactions are expected to remain professional regardless of personal likes or dislikes of one another. Romantic relationships between students are discouraged because of the potential for breakups which can cause conflict in the clinical setting. Students, as young adults, are expected to be able to work out problems between themselves. The clinical instructors and Program Director are available for consultation and will intervene as needed, but learning how to work with others and resolve conflicts is a very important aspect of one's education.
- f. Students at various levels in the program may be at the same rotation site at the same time. The relationship between "older" students or upperclassmen and "younger" students or underclassmen is to remain professional. While upperclassmen will assist in the education and professional preparation of underclassmen and often times will help direct underclassmen in their clinical responsibilities, it is important that upperclassmen do not abuse their position by bossing around younger students. It is usually best to lead by example. Open criticism of fellow students, regardless of class standing, will not be tolerated. With this being said, underclassmen should recognize that upper-classmen typically know what needs to be done in the clinical setting. Underclassmen should accept the direction and criticism from upper-classmen in a positive light. However, students should inform a clinical instructor or the Program Director if they feel that they are being mistreated by another student.

8. Perhaps the most important relationship a student will have is with the clinical staff and program faculty. While the staff and faculty typically attempt to keep the classroom and clinical environments somewhat relaxed, it is important that students do not become too relaxed or unprofessional. Students are to maintain a professional approach to their interactions with the staff and faculty. It is important to remember that the staff and faculty are not student's peers. Students are to show the staff and faculty an appropriate amount of respect, regardless of personal likes or dislikes. Students must not criticize or openly disagree with a staff or faculty member's decision or action, particularly when it concerns the care of a patient / athlete. If the student has a question about a decision or action, they should approach the staff or faculty member in a respectful manner, away from others, to ask their question or voice their concern.

9. It is the responsibility of the staff and faculty to prepare the students to be a successful professional. This often requires frank criticism and guidance from the staff and faculty. As up and coming professionals, students must learn the criticism is a part of the professional world and it should not be taken as a personal attack. However, if a student feels that they are being mistreated by a staff or faculty member they are expected to bring their concerns to the attention of the offending staff or faculty member. If the student brings their concerns to the staff or faculty member's attention and the problems persist, the student is expected to inform the Program Director of their concerns.

The above information regarding interactions with clinical staff and faculty members also pertains to interactions with other medical and allied medical professionals.

9. Professional Activities

While not mandatory, membership in athletic training related professional and student associations is strongly encouraged as is attendance at athletic training and sports medicine educational conferences. Early involvement in the National Athletic Trainers' Association (NATA) will assist the ATS in learning about and supporting the athletic training profession. Students are also encouraged to join the Southwest Athletic Trainers' Association (SWATA) – the District 6 organization of the NATA. Both the NATA and SWATA have a category for student members and both hold annual educational symposiums which offer excellent educational and networking opportunities for students. The Longhorn Athletic Training Student Association (LATSA) is the ATS organization at UT. Student involvement with the LATSA only helps to strengthen the organization whose purpose is to support and benefit the ATS.

10. Student Rights

Students have the right to seek clarification of the information contained in this manual. However, clarification should be sought prior to the student taking potentially improper action or placing themselves in a compromising situation.

Students also have the rights granted to all UT students including, but not limited to those concerning grievance policies. Information on student's rights and grievance issues can be found in the UT *General Information* publication, or by contacting the Office of the Dean of Students and / or the Office of the Ombudsmen.

10.01 ATEP Grievance Policy:

Students with a grievance concerning the clinical rotation portion of the ATEP should address the issue(s) with their clinical instructor, as appropriate, AND the Program Director. The ATEP Director will take one of the following actions (a) take action on the grievance (b) refer the matter to the ATEP Grievance Committee, which is composed of the ATEP Director and the Co-Director's of the Division of Athletic Training and Sports Medicine or (c) refer the matter to the appropriate administrators or authorities.

10.02 Privacy of Academic Records

The Program Director maintains a file of academic records and other forms of documentation on each student in the ATEP. The file may contain documents including, but not limited to: (a) ATEP application materials; (b) grade reports; (c) acknowledgement forms; (d) immunization records; (e) evaluation forms; (f) proficiency completion logs; (g) notes from personal meetings; (h) demographic information; and (i) miscellaneous documents related to the student's participation in the ATEP.

The Program Director, faculty members directly associated with the ATEP, and ATEP administrative / secretarial staff have access to these files as needed to carry out essential operations related to the ATEP. Students may view their records by making a verbal or written request with the Program Director. Information that the student has waived the right to view will be excluded from student review (i.e. recommendation letters, etc.). The information contained in these files will not be shared with outside sources unless a student wishes to have the information from his / her file shared with an outside source. In this case, the student must indicate so in writing with specific instructions as to what may be shared and with whom. However, information that the student has waived the right to view will be excluded from the review.

Students are required to submit documents related to their health (i.e. health questionnaire, health assessment forms, etc.). To maintain an appropriate level of

confidentiality of health related matters, these forms are kept in a separate folder, access to which is restricted to the Program Director and administrative assistant for purposes related to essential operations of the ATEP. Access to this information, by outside parties, will also be restricted and requires a student's written request.

In certain circumstances this policy may be overruled by University administrators and / or local, state, and federal authorities. If that is the case, the Program Director and / or ATEP staff and faculty will comply with legitimate legal requests as ordered.

11. Student Responsibilities

It is the student's responsibility to:

1. Comply with the policies, procedures and guidelines outlined in this manual.
2. Use common sense and sound reasoning in their actions and decision making. While an effort has been made to include as much pertinent information as possible, it is difficult to address every possible issue, situation or circumstance that might be encountered. It is the ATS responsibility to consult with the ATEP Director on any issues in question.
3. Recognize that policies, procedures, and guidelines as well as the details of this manual and the ATEP may change. Changes will be clarified in writing and will be distributed to all students in the program through the mail or electronic mail. It is the student's responsibility to provide accurate contact information to the Program Director including:
 - a. Permanent address and phone number
 - b. Local address and phone number
 - c. e-mail address
4. Conduct themselves in accordance with local, state, and federal laws
5. Comply with The Institutional Rules of The University of Texas at Austin

Failure to comply with the policies and procedures found in this handbook, and / or subsequent additions may result in the student being placed on probation, suspended, or dis-enrolled from the ATEP. Violations may be reported to the appropriate University administrators and / or legal authorities if deemed necessary.

**The University of Texas at Austin
Athletic Training Education Program
Athletic Training Student
Acknowledgement of Policies and Procedures**

By signing below, you certify that you:

1. have read and fully understand the information provided in this packet.
2. recognize that the policies and procedures found in this packet are not all-inclusive and that your actions will be evaluated for their appropriateness as warranted.
3. agree to follow the policies, procedures, and guidelines included in this packet as well as all addendums to follow.
4. understand that failure to comply with the policies and procedures found in this handbook, and / or subsequent additions may result in you being (a) placed on probation, (b) suspended, or (c) dis-enrolled from the ATEP.
5. understand that violations may be reported to the appropriate University administrators and / or legal authorities if deemed necessary.

Print Name

Signature

Date

Witness

**Keep this page for your
records**

**The University of Texas at Austin
Athletic Training Education Program
Athletic Training Student
Acknowledgement of Policies and Procedures**

By signing below, you certify that you:

1. have read and fully understand the information provided in this packet.
2. recognize that the policies and procedures found in this packet are not all-inclusive and that your actions will be evaluated for their appropriateness as warranted.
3. agree to follow the policies, procedures, and guidelines included in this packet as well as all addendums to follow.
4. understand that failure to comply with the policies and procedures found in this handbook, and / or subsequent additions may result in you being (a) placed on probation, (b) suspended, or (c) dis-enrolled from the ATEP.
5. understand that violations may be reported to the appropriate University administrators and / or legal authorities if deemed necessary.

Print Name

Signature

Date

Witness

Sign and return this page to the ATEP Director

Appendix A: Course Sequence

Note:

- 1) **Courses underlined and in BOLD must be taken in the semester listed,** unless transfer credit is accepted.
- 2) Courses not underlined and in bold are suggestions for the semester.
- 3) Prerequisite: courses listed are prerequisites for this course
- 4) (if the course is a prerequisite for another course or the ATEP, it is stated in the parentheses)

Freshman / 1st Year:

Fall

M 305G – Math

Prerequisite: 480 on SAT, Math Level 1C Testing, or M 301
(prereq for PHY & CH which are prereq for other courses)

CC 306M – Intro to Medical and Scientific Terminology
(prereq for ATEP)

BIO 309D – The Human Body
(prereq for ATEP)

Spring

KIN 219K – Introduction to Athletic Training

Prerequisite: Permission of Instructor
(prereq for ATEP)

KIN 312K-Care and Prevention of Athletic Injuries (or Fall semester)

Prerequisite: Permission of Instructor
(prereq for ATEP)

CH 301 – Principles of Chemistry 1

Prerequisite: M 305G
(prereq for BIO 211 which is a prereq for PHM 338)

Sophomore / 2nd Year:
Fall

KIN 324K – Applied Human Anatomy

Prerequisite: none

(prereq for KIN 325K, KIN 326K, KIN 352K courses (Eval Upper,
Eval Lower, Rehab, Topics))

KIN 352K / KIN 341 – Therapeutic Modalities in Athletic Training

Prerequisite: KIN 219K, BIO 301L or BIO 211 and 212

KIN 127L – Fieldwork in Athletic Training / KIN 140 Practicum in Athletic Training

Prerequisite: admission to ATEP

PHY 302K – General Physics – Tech. Course – Mechanics, Heat, Sound

Prerequisite: M 305G or high school trigonometry, registration or
credit in PHY 102M

(prereq for KIN 326K – Kines: Biomech Analysis of Movement)

PHY 102M – Laboratory for PHY 302K

Prerequisite: credit or registration for PHY 302K

(prereq for KIN 326K – Kines: Biomech Analysis of Movement)

CH 302 – Principles of Chemistry II

Prerequisite: CH 301, M 305G

(six CH credits needed as prereq for PHM 338)

Spring

KIN 352K / KIN 343– Clinical Evaluation of Athletic Injuries: Upper Body

Prerequisite: KIN 219K, KIN 324K, concurrent registration for
KIN 352K / KIN 342 – Clin. Eval. of Ath. Inj. Lower
Body

(prereq for KIN 352K / KIN 344 – Adv Ath Trng: Therap Ex /
Rehab)

KIN 352K / KIN 342 – Clinical Evaluation of Athletic Injuries: Lower Body

Prerequisite: KIN 219K, KIN 324K, concurrent registration for
KIN 352K/ KIN 343 – Clin. Eval. of Ath. Inj. Upper
Body

(prereq for KIN 352K / KIN 344 – Adv Ath Trng: Therap Ex /
Rehab)

**KIN 326K – Kinesiology: Biomechanical Analysis of Movement OR
KIN 320 Applied Biomechanics of Human Movement**

Prerequisite: KIN 324K, PH 302K, PH 102M

KIN 127L – Fieldwork in Athletic Training/ KIN 140 Practicum in Athletic Training

Prerequisite: admission to ATEP

BIO 211 – Intro Biology: Cell Biology

Prerequisite: CH 301 or 313N

(prereq for BIO 212 and PHR 338)

Junior / 3rd Year:
Fall

KIN 352K / KIN 344 – Adv. Ath Trng: Therapeutic Exercise and Rehabilitation

Prerequisite: KIN 219K, KIN 324K, KIN 352K /KIN 343 Eval Upper, KIN 52K / KIN 342 Eval Lower

KIN 325K – Physiology of Exercise

Prerequisite: KIN 324K or Human Physiology Course

KIN 119 – Conditioning

Prerequisite: permission of instructor

KIN 127L – Fieldwork in Athletic Training / KIN 140 Practicum in Athletic Training

Prerequisite: admission to ATEP

BIO 212 – Introduction to Biology: Genetics & Evolution

Prerequisite: BIO 211

(prereq for PHM 338)

Spring

KIN 352K/ KIN 345 – Topics in Athletic Training

Prerequisite: KIN 219K, KIN 324K, Permission of Instructor

KIN 127L – Fieldwork in Athletic Training/ KIN 140 Practicum in Athletic Training

Prerequisite: admission to ATEP

Senior / 4th Year:
Fall

KIN 352K/ KIN 346- Athletic Training Program Administration

Prerequisite: Permission of Instructor

KIN 352K – Sports Nutrition

Prerequisite: CH 314 or Human Physiology

KIN 127L – Fieldwork in Athletic Training/ KIN 140 Practicum in Athletic Training

Prerequisite: admission to ATEP

Spring

KIN 127L – Fieldwork in Athletic Training / KIN 140 Practicum in Athletic Training

** It is suggested that students needing KIN electives, fulfill the requirement by enrolling in one or more of the following courses:

KIN 310 – Physiological Basis of Conditioning
KIN 311K – Sport Psychology
KIN 321M – Motor Development and Performance
KIN 335 – Motor Learning
KIN 336 – Motor Control
KIN 352 – Coaching Theory and Principles
KIN 373 – Evaluation and Research Design
KIN 376 – Measurement in Kinesiology

All students should note that the following courses must be taken at The University of Texas at Austin (UT). Transfer courses will not be accepted as replacements.

KIN 119 – Conditioning
KIN 219K – Introduction to Athletic Training
KIN 312K – Care and Prevention of Athletic Injuries
KIN 352K/ **KIN 345** – Topics in Athletic Training
KIN 352K/ **KIN 342** – Clinical Evaluation of Athletic Injuries in the Lower Body
KIN 352K / **KIN 343** – Clinical Evaluation of Athletic Injuries in the Upper Body
KIN 352K/ **KIN 344** – Advanced Athletic Training: Therapeutic Exercise & Rehabilitation
KIN 352K / **KIN 346** – Athletic Training Program Administration
KIN 352K / **KIN 341**– Therapeutic Modalities in Athletic Training

Students interested in substituting previous coursework for the following courses must contact the ATEP Director and provide a detailed course syllabi and description of the course to be use in place of the UT course.

KIN 320 – Applied Biomechanics of Human Movement
KIN 324K – Applied Human Anatomy
KIN 325K – Physiology of Exercise
KIN 326K – Kinesiology: Biomechanical Analysis of Movement
KIN 352K – Sports Nutrition
BIO 309D – The Human Body
CC 306M – Introduction to Medical and Scientific Terminology
BIO 301L – Molecules to Organisms
BIO 211 – Introductory Biology: Cell Biology
BIO 212 – Introductory Biology: Genetics and Evolution

- substitution of these courses is handled on a case by case basis
- decisions on whether or not the course(s) can be substituted will be made by the ATEP Director, who may or may not consult with the UT instructor of the equivalent course and the instructor of the course that the student is trying to use as a replacement to determine if the course content matches
- students should note that in the event that the ATEP Director, with or without consultation, determines that the student's previous course is not appropriate to substitute for the UT course the student must enroll in the UT course
- substituting for courses that are not mentioned in the above sections (i.e. M 305G, GOV 301L, E 316K, etc.) is up to the discretion of UT academic advisors

Appendix B
Sample of Clinical Rotation Assignments

	1 fall	1b fall	1 spring	1b spring	2 fall	2 spring	3 fall	3spring
1	MBK	TR	SOC	WTK	FB	OFF	UE	
2	WBK	BB	WTK	SOC	FB	OFF		
3	TR	VB	FB	WTK	FB	OFF		
4	FB	SB	MTK	MBK	FB	OFF		
5	SOC	MBK	TR	FB	FB	OFF	UE	
6	MTK	FB	BB	SOC	OFF	FB		
7	WTK	SOC	VB	FB	FB	OFF		
8	SOC	MTK	SB	FB	FB	OFF		
9	VB	WTK	FB	MTK	OFF	FB	FB?	
10	BB	FB	MTK	WBK	OFF	FB		
11	SB	WTK	FB	MTK	OFF	FB	FB?	
12	FB	MTK	MBK	VB	OFF	FB		
13	WTK	FB	WBK	BB	OFF	FB		
14	MTK	WBK	SOC	TR	FB	OFF	UE	
15	FB	SOC	WTK	SB	OFF	FB		

** ATS's are actually assigned to an ACI, not a team. The above chart provides the ATS with an idea of what type of clinical rotation experience they will be participating in. The following ACI's work with the above clinical rotations:

Abbreviation	Sport	ACI
MBK	Men's Basketball	Fred Burnett
WBK	Women's Basketball	Terry Furuta
TR	Athletic Training Room	Allen Hardin, Tina Bonci
FB	Football	Kenny Boyd, Adam Holliday, Gabe Perlaza
SOC	Soccer	Lisa Stalans
MTK	Men's Track & Field / CC	Tara Burnett
WTK	Women's Track & Field / CC	LaGwyn Durden
VB	Volleyball	DeAnn Koehler
BB	Baseball	Mike West
SB	Softball	Kelsey Legore
Off	Off-campus site	Varies by site

Appendix C

Technical Standards Statement

The University of Texas at Austin
Athletic Training Education Program
Technical Standards for Admission

The Athletic Training Education Program (ATEP) in the Department of Kinesiology and Health Education at The University of Texas at Austin is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Educational Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). The following abilities and expectations must be met by all students admitted to the Athletic Training Educational Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program. Compliance with the program's technical standards does not guarantee a student's eligibility for the BOC certification exam.

Candidates for selection to the Athletic Training Education Program must demonstrate:

1. The mental and intellectual capacity to obtain complex information and concepts from a variety of sources, to analyze and integrate that information and problem solve in order to distinguish deviations from the norm and to formulate assessment and therapeutic judgments.
2. Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations, therapeutic treatments, and therapeutic exercise and rehabilitation protocols using accepted techniques. This includes, but is not limited to, the ability to (a) accurately, safely and efficiently use equipment and materials during the assessment, treatment, and rehabilitation of patients; (b) gather decision-making pieces of information during an injury assessment activity in class or in the clinical setting; (c) perform assessment, treatment and rehabilitation activities in class and in the clinical setting by direct performance; (d) sit, stand, and kneel for extended periods of time while rendering assistance to patients and athletes; (e) frequently move from place to place and position to position at a speed that permits safe handling of classmates and injured athletes; (f) stand and walk while providing support to an injured athlete; (g) use auditory, tactile, and visual senses to receive classroom instruction and to evaluate and treat injured athletes; (h) follow safety procedures established for each class and clinical setting.
3. The ability to read, write, speak and understand the English language at a level consistent with competent professional practice, including but not limited to, the ability to (a) establish rapport and communicate effectively and sensitively with patients, parents, coaches, administrators, officials, medical and allied medical personnel and colleagues, including individuals from different cultural and social backgrounds; (b) record and discuss the physical examination results and treatment and rehabilitation plans clearly and accurately.
4. The capacity to maintain composure and continue to function well and the ability to make and execute quick, appropriate and accurate decisions in a stressful environment including, but not limited to, emergency situations.
5. The ability to adjust to changing situations and uncertainty in clinical situations.
6. Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

7. The ability to maintain personal appearance and hygiene conducive to the classroom and clinical setting
8. The perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.
9. The responsibility and accountability to attend clinical experiences as assigned by the Program Director, Approved Clinical Instructor, Clinical Instructor, or Clinical Supervisor including, but not limited to, practice and event coverage of on and off campus clinical sites.
10. The ability to meet the standards and requirements for course completion throughout the curriculum including, but not limited to (a) completing readings, assignments and other activities during and outside of scheduled class hours (b) the ability to read, write, speak and understand the English language at a level consistent with successful course completion.

Candidates for selection to the Athletic Training Education Program will be required to verify they understand and meet these technical standards or that they believe that, with certain accommodations, they can meet the standards.

The Office of the Dean of Students will evaluate a student who states he/she could meet the program's technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable laws.

If a student states he/she can meet the technical standards with accommodation, then the University will determine whether it agrees that the student can meet the technical standards with reasonable accommodation; this includes a review of whether the accommodations requested are reasonable, taking into account whether accommodation would jeopardize clinician/patient safety, or the educational process of the student or the institution, including all coursework, clinical experiences and internships deemed essential to graduation.

I certify that I have read and understand the technical standards for selection listed above, and I believe to the best of my knowledge that I meet each of these standards without accommodation. I understand that if I am unable to meet these standards I will not be admitted into the program.

Signature of Applicant

Date

Printed Name

Alternative statement for students requesting accommodations.

I certify that I have read and understand the technical standards of selection listed above and I believe to the best of my knowledge that I can meet each of these standards with certain accommodations. I will contact the Office of the Dean of Students to determine what accommodations may be available. I understand that if I am unable to meet these standards with or without accommodations, I will not be admitted into the program.

Signature of Applicant

Date

Printed Name